

MINUTES
IMHCA BOARD MEETING
January 13, 1996

Convened at 10AM

Members Present: Linda Trudeau, Pres., Denny Feltz, Treas., Marie Kent, Sec., Karen Cordes, Richard Tiemeyer, Isabell Lewis, Bob Moore.

Item/Action #1: Minutes Nov. 3, 1995 Board Meeting. Isabell moved to approve. Seconded by Richard. Carried.

Item/Action #2: Reports: President - Linda Trudeau -
-AMHCA sent Video on "Independence". Members asked to send in opinion about disaffiliation. Linda will summarize AMHCA leadership's opinion in IMHCA Newsletter to members.

-Albert Ellis is being invited to be Keynote Speaker for ICA '96 Conference. His article in recent Mental Health Counselors' Journal called to board's attention.

-Discussion of possible Interest Groups/Workshops for '96 ICA Conference. Some suggestions of topics/presenters: Iowa City speaker on "Emotional IQ", John Litrel-"Brief Therapy", Something on the "School to Work" (One-Stop Shopping - Vocational Counseling 15 sites in Iowa. Something for Rehab Counselors to attempt to draw them into ICA, Dr. Donny-Orchard Place, Lowell Routley - "Dissociative Disorders"

Item/Action #3 - Past President Report - Karen Cordes

-Mental Health Advocacy Coalition -"Parity"- Met earlier this month with Dr. May, Medical Director of Blue Cross/Blue Shield. (Not in favor of "Parity" for all mental health conditions). Argument - Open it up- higher costs. Need to address this by gathering research to dispel this argument. Difference between Consumer (those wanting services) and Purchasers (Larger Corps.). A positive sign - the Legislature is requesting a report from the Insurance Commission regarding the cost-effectiveness of "Parity". The report was positive and in favor. Next Meeting -Jan. 17th to go over the report and see how we want to proceed. Question about whether to consider all conditions or exclude certain conditions such as V Codes/Adjustment Disorders.

- The Psychiatric Association has been paying for Administrative Assistant of Iowa Medical Society's time to handling alot of the work of the Coalition. Discussion with regard to Coalition's contributing to this expense.

-Council of Mental Health Providers:

FAIR PRACTICE ACT (wording):

A State certified health plan or certified health plan sponsor shall include services of mental health care providers who are practicing within the scope of their license without discrimination in participation, reimbursement, or indemnification.

Health plans retain the right to match the number of health care providers to the needs of the plan's members, establish measures designed to maintain quality and cost control consistent with the responsibilities of the plan.

To ensure that the consumer will have access to all categories of licensed health care practitioners:

- a) All practitioners in a geographic area will be notified and applications reviewed once a year.
- b) General criteria for selection and termination of a provider will be available upon request.
- c) Any term or condition limiting participation on the basis of quality shall be consistent with established standards of care as defined by the profession.
- d) Proportional number of providers will be included to reflect racial & ethnic diversity according to geographic region.

The health services commission shall adopt rules for the resolution of disputes between providers and certified health plans including disputes regarding the decision of a plan not to include the services of a provider.

- suggestion that IMHCA join with this Coalition for their "Day on the Hill"/

Mary Ellen Lester, Marriage/Family Therapists' Rep. is putting together a brochure packet with printouts of licensure criteria to present to those who want this information.

A letter has been received from Judy Dierenfield of Community Mental Health Association requesting financial assistance or a representative to assist in coordination of programming for the '96 Mental Health Conference. Suggested representatives

-
Kim Darr- Phyllis Priest- or Mary Pruett.

Item/Action #4 - Treasurers' Report / Proposed Fiscal '96 Budget:

Balance Forward - \$533.41

Expenses - \$116.09 - Newsletter -Linda Trudeau
30.93 - Social - Marie Kent
44.10 - Flowers-Social-Karen Cordes

Current Balance -\$ 342.29
Dues - 1360.60

Balance -\$1702.89

Fiscal "96 Proposed/Approved Budget:

Operations ----(Post., Stationery, Phone Calls, etc)-----\$ 400.00
ICA Conference-----\$ 100.00
Natl.Ldrshp.Conference--(Pr.person 1-2 people)-----\$ 300.00
(wait until 2nd yr.for Pres.-if \$, send others)

Newsletter(ev.3 mos. Sept., Dec.)-depending on #-250.00-\$400.00
Government Relations-----\$ 150.00
AMHCA Legal Fees-----\$ 200.00
Miscellaneous-----\$ 350.00
(Need to allocate for any new startup programs)

Karen moved, Richard seconded \$50 go to Council of Iowa
Mental Health Providers, \$100 to Mental Health Advocacy
Coalition from the Government Relations Budgeted Monies.
Carried.

Linda will initiate letter to the AMHCA to inquire as to how
legal fees are being used.

Isabell moved, Karen seconded motion to allocate \$200 for legal
fees funnel \$50 remaining into one fund -making the Miscellaneous
allocation a total of \$350.00. Carried.

Isabell moved, Richard seconded motion to approve Fiscal "96
Budget as amended. Carried.

Item/Action #5 - Awards- Karen: Suggestion that we submit
Audrey Smith's name for National Award for "Community/
Humanitarian Service".

Item/Action #6 - Ethics - Marie- According the ACA
Newsletter, "Today's Counselor", the Natl. Ethics Committee is
working on Ethical Issues surrounding Computer On-Line
Confidentialty. Marie will contact the AMHCA Ctrl.Office to
obtain further information on this.

Item/Action #7 - Public Policy/Legislation/Mgd.Care- Cheryl
Rammelsberg - no report

IMHCA TREASURER'S REPORT

January 13, 1996

Balance Forward

\$533.41

Expenses

\$116.09 Newsletter(Linda Trudeau)

\$30.93 Social (Marie Kent)

\$ 44.10 Flowers for social (Karen Cordes)

Current Balance

\$342.29

Dennis Feltz, Treasurer

MINUTES
IMHCA BOARD MEETING
April 13, 1996

Convened at 10AM

Members Present: Linda Trudeau, Pres., Denny Feltz, Treas., Marie Kent, Sec., Karen Cordes, Isabell Lewis, Becky Heeren

Item/Action #1 - Approval of Agenda - no additions

Item/Action #2 - Minutes of Jan. 13, 1996 Approved.

Item/Action #3 - Pres. Report - Proposed Resolution designating the Week of May 5, 1996 as National Mental Health Counselor's Week Signed by Governor Bradstadt. Published in Des Moines Register. Board Mbrs. encouraged to get into local papers and on radio.

---Mediations between AMHCA/ACA ongoing
--ACA Conference in Pittsburgh - April/ICA Regional Leadership Conference scheduled for July.

--Some Governors' Council changes -to be Branches-Driven rather than Membership
-- Need to get Members Licensed - get Licensed Mental Health Counselors into the organization.

--Currently 110 Members - 39 Licensed Members.
--Letters sent to licensed counselors, inviting them to join
--\$100 from ICA for membership recruitment
--Letters sent to Counseling Grad Schools in attempt to get Board Member Representation. Hope to have Board Representative by June, 1996. Trying to get representative from each region of the state.
--\$100 Membership Recruitment monies being offered again in July, 1996.
--Linda will be meeting with Managed Care Reps at ACA Conference to get Standards information
--Suggestion to bring signed Resolutions/IMHCA Division Awards to display at IMHCA Booth at Fall ICA Conference.
-- Mental Health Counselors/Auxillary Providers working under a Psychiatrist will be recognized by Blue Cross/Blue Shield.
--Gov. Council -Fall Conference Planning. Decision to evaluate Executive Director on a regular basis. *Jim Blandreau*
--Linda will be presenting AMHCA Pres. Elect, ~~Charlie Easterly~~ with "Counselor of the Year" Award
--Gov. Council-Linda pushing for lobbyist. Perhaps a Poly-Psych. Student as preference to Monitor, who is more neutral.

It/Ac.#4 - Denny planning to attend Natl.Ldrshp.Training Conference July 18-21 - Travers'City,Michigan and State Conf. June 30th at ~~Stone Lake Park~~, Suggestion -also attend Regional Ldrshp.Conf. in Fargo. *Spring Lake*

It/Ac.#5 - Kim - No Report

It/Ac.#6 - Karen Cordes - Office Supplies donated.

M.H.Adv.Coal. Insurance Commission agreed by rule (no \$10,000 limit) to increase Mental Health Coverage. According to *Dance Retrowski* ~~P.~~, Ia. Medical Society, there has been an Arizona Court case which ruled that a State cannot give the responsibility for Medicaid Coverage to a Private Agency without having some kind of rules governing it. Merrit's contract is up Mar. '97.

--Seeking feedback from consumers as to how Managed Care is working for them.

--Legislatively, not alot of acceptance for "Parity"-

--Need to submit \$100 check to Iowa Psychiatric Society as agreed to continue Coalition's efforts.

Council of M.H.Providers - Has not met. Have agreed on Legislative Language.

-Donation of \$50 to this Coalition - ck.to Mary Ellen Lester-

-IMHCA has had a representative on Mental Health Conference Committee or donate sponsorship monies. Suggested that possibly *Pratt* ~~Mary Pratt~~ could attend the first meeting. Kim Darr suggested for future meetings.

-Also suggested that this Conference Piggyback with Fall Conference.

- IMHCA needs to continue to participate as a representative

It/Ac.#7 - Treasurers' Report -Postage/Mailing-\$53.28 -
Balance - \$289.01
Deposit--\$1,360.60

Balance to date -\$1,649.61

It/Ac.#8 - Awards too late for Natl. can submit next yr.

State - Division Award. New Award -Legislator of the Year

Award - to John ~~Lattrel~~ *Littrel* for Contributions to the Profession.

It/Ac.#9 - Ethics - Teleconference out of a 4 hrs.scheduled conference,our IMHCA participants experienced 90 mins.2½ hrs. *Discussion locally.*
brkdown in ICN. Suggestion to send letters to Charlie Easterly-
IMHCA as the cost was high. *see 20 minutes the agenda*

RCA
-Marie will contact AMHCA to see if they will *be* following ACA Ethical Guidelines.

It/Ac.#10 - Finance - Full report next month.

It/Ac.#11- PPL/MC-Suggested Cece Arnold.Denny contacting Cheryl.

It/Ac.#12 Membership - Linda and Richard in process of sending out letters to Licensed MH Counselors appeal to join IMHCA, along with membership blank. Also, ltr. to training insts. to recruit for Student Bd. Member participants.

It/Ac.#13 - Member Services Committee - Becky - Committee met last month to come up with ideas to get direction. 1 yr. planned. Will send out brochure qtrly. on conferences (for CEUs-3½ hrs.) and IMHCA information. First Conference - by Lowell Routley "Hypnosis As Adjunct To Solution-Focused Therapy". Cost \$45 for Members/ \$60 for Nonmembers. Future Conferences - Bob Moore "Family-Divorce Mediation", Nurse on "Psychopharmacology".
-Columns on Licensure, Social Events, E-Mail, Resource Sharing, General Information.
-Suggested addition. Licensure CEUs sent to Iowa Licensing Board of Examiners for approval.
- Money up front. IMHCA getting everything, except for cost of supplies. Pay Presenter an Honorarium.
-Working on getting a Provider #.
-Licensure Prep on an annual basis
-Annual Conference Presentation as Division of ICA.

Above Plan approved in motion by Karen C., seconded by Marie K. Carried.

It/Ac.#14 - Newsletter - Articles on Proclamation -May, Planned Conference, Application to present Interest Groups for Fall ICA Conference.

It/Ac.#15 - ACA By-Law Chg. Suggestion that we let them know IMHCA is in favor of By-Law Changes.

Motion by Isabell, seconded by Karen that National Members of AMHCA do not have to join ACA to join a Division. Carried.

New Business: It/Ac.#16 - Becoming Provider of CEUs with Ia. Bd. of Examiners.

It/Ac.#17 - Linda reviewed ICA Conference Scheduled Spkrs./Wrkshps. Encouraged IMHCA Bd. Mbrs. to present Interest Sessions. Suggested IMHCA Panel, Kim Darr, Play Therapy, New Member Reception, Booth - Marie

Next Meeting: June 15, 1996 - Marshalltown - Vets. Hosp. Conf. Rm.

Adjourned: 12:44 PM.

Respectfully Submitted,

Marie Kent
Marie Kent, MA, Sec.

Minutes
IMHCA Bd./Divisional Meeting
Sat., Nov. 8, 1996

Convened at 5:30PM

Mbrs. Present: Dennis Feltz, Pres., Linda Trudeau, Lowell Routley, Richard Tiemeyer, Isabelle Lewis, Kim Darr, Marie Kent, Jim Burr, Carla Janson, Guest, Student Intern, Lynn Cornwell, Cedar Rapids

Item/Action #1 - Awards - Presented to Past IMHCA President, Linda Trudeau and Special Award for Years of Service to Retiring Membership Chr., Richard Tiemeyer.

Item/Action #2 - Minutes 9/21/96 & 11/4/95 - members asked to contact Secretary, Marie Kent with any additions or corrections.

Item/Action #3 - Newsletter - Pres./Editor, Dennis Feltz looking at some restructuring to add a more human touch.

Old Business- Item/Action #4 - Student Representative to Board: Ann Vernon has submitted a list of candidates. Dennis reviewing.

Item/Action #5 - Replacing Membership Chr.: Dennis pursuing replacement. Kay Boeckman interested/willing to serve.

New Business-Item/Action #6- Dues-Dennis brought up concern for expenses involved in IMHCA's participation in coalitions- Need for funds- Current Dues one of the lowest in country. Also emphasized legislators' desires to deal with groups, such as the coalitions rather than having to deal with individual groups.

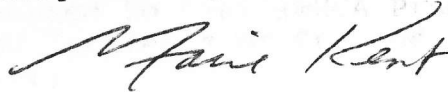
Item/Action #7 - Member Services- Looking for input from members on Workshop topics/presenters. Will have surveys at IMHCA Booth during the Conference.

Item/Action #8 - Dennis reported on AMHCA Representatives from Midwest desire to join with IMHCA for a *mission* 4-State/3-Day Conference, involving Illinois, Nebraska, Iowa, and Kansas. Want to know: 1) Is IMHCA interested? 2) Could we provide a representative to a planning committee? 3) Need \$250 start-up funds. AMHCA could provide \$1,000 to help other states who do not have their own conference. Money for National Speaker. Isabelle moved, Kim seconded. Motion carried to formally explore possibilities of IMHCA's becoming involved. Kim volunteered to participate as our representative on the planning committee.

Item/Action #9 - Treasurer's Report - Balance Fwd.(9/20/96)
- \$972.00. No expenses prior to Fall Conference - Current Balance
- \$972.00. There is still one outstanding check, #523 to Mary
Ellen Lester for \$50.00 on 4/13/96.

Meeting Adjourned 6:30PM.

Respectfully Submitted,



Marie Kent, Secretary

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Confidentialty. Marie will contact the AMHCA Ctrl.Office to
obtain further information on this.

Item/Action #7 - Public Policy/Legislation/Mgd.Care- Cheryl
Rammelsberg - no report

Item/Action #8 - Membership - Richard - Need more brochures.

Suggestion that the AMHCA Logo be put on new brochures. Richard will send letter to new members listed in ICA Directory. New members names will be printed in the upcoming Newsletter. Richard will send out mailing to newly licensed mental health counselors telling what IMHCA can offer and the legislative issues, such as parity, on which we are working. Also, making a direct appeal to join the organization that made it possible to get licensed in the State of Iowa. A printed application will also be included.

Linda will send letter to Mary Preut, outlining how IMHCA will be using \$100 ICA is giving us. Will submit plan and request to Government Council in February.

Richard will send letter to Counselor Ed Pgms. asking them to submit names for nomination as Student IMHCA Board Members. This Student Board Member will then go to Campuses to recruit members. There will be a Special Election for this Student Board Member. Nominees will be given job description. First-Year Grad Students will be asked to submit applications. The Student Board Member will take office in July, 1996. It was also recommended that we cross over into western Illinois at Macomb to seek student applicants.

Item/Action #9: General Discussion

- Social Workers/MH Counselors' Fee differentials
- Suggestions to licensing board with regard to Supervisor Standards
- Viewing of AMHCA "Independence" from ACA

Next Mtg. - March 16th-
Vets Hosp.
1310 Summit
Marshalltown

Respectfully Submitted,



Marie Kent, Sec.

Suggested Resolution for both Republican/Democratic Precinct
Caucuses:

WHEREAS: many insurance companies currently do not list Licensed Mental Health Counselors (LMHC) or Licensed Marriage and Family Therapists (LMFT) as reimburseable providers of mental health care. And:

WHEREAS: LMHC's and LMFT's provide clinical mental health service and treatment to individuals, couples, families and groups in many settings. And:

WHEREAS: Licensure requirements for LMHC's and LMFT's are comparable to other mental health disciplines. And:

WHEREAS: Research indicates that these practitioners perform as well as other classes of providers in case reviews and treatment planning. And:

WHEREAS: Exclusion of LMHC's and LMFT's from insurance company lists of reimburseable providers discriminates against these classes of providers and creates an access problem in rural communities where many LMHC's and LMFT's provide services.

THEREFORE, BE IT RESOLVED THAT: (The Democratic Party of Iowa)
(The Republican Party of Iowa)

Support the inclusion of Licensed Mental Health Counselors and Licensed Marriage and Family Therapists as reimburseable providers by all insurance companies covering mental health services throughout the State of Iowa.

*Linda - I wonder if something like the above
might be introduced at the Political Caucuses
Feb 12th. I could forward to other Board mts.
if you think this wording is appropriate & if it doesn't
require Board vote. AK*

Budget Report

For years the IIMCA budget has operated on a fiscal calendar of July 1st through June 30th. Since most of our budget ~~yearly~~ relies on members' ~~the~~ dues, which don't come to us until January, the Board decided that ~~this~~ beginning this year we would run our budget on the regular calendar year. Here is where your money is going in 1996:

Operations \$400

Newsletter \$400

Conference Fund
and Miscellaneous \$350

Natl. Leadership Conference \$300

Donations to Coalitions \$150

→ Popcorn Social \$100

TOTAL = \$1600

"Operations" includes mailings, phone bills, brochures, stationery, etc.

Our "conference fund" is a slush fund for workshops and in-services we are looking at for the membership. The "Natl. Leadership Conference" is a one-time training expense for presidents-elect. The "Donations" are economic contributions that keep us involved with very important state-wide coalitions for mental health advocacy (and we pay cheap compared to some other organizations!) The Popcorn Social should speak for itself...and if not, come to Des Moines this Fall!

I kinda =
have no vested
interest in how this
is written, so feel
free to change it
around or whatever.

Minutes
IMHCA Board Meeting
June 15, 1996

Convened at 10:15AM

Members Present: Linda Trudeau, Pres., Denny Feltz, Treas., Marie Kent, Sec., Karen Cordes, Richard Tiemeyer, Isabell Lewis, Lowell Routley, Guest/New Mbr.-Bonnie Hill

Item/Action #1 Agenda Additions- Isabell - Mbrshp. Dues, Tour of Vets. Home, after adjournment.

Item/Action #2 - Minutes 4/13/96, Corrected/Approved in motion from Karen C. 2nd - Isabell.

Item/Action #3 - Linda Pres. Report - 27 Interest Sessions scheduled for Fall Conference - Lowell offering Std. of Care for Trauma Disorders; Karen - Panel; Marie - Baby Think It Over- Teenage Pregnancy Prevention; another on Multiculturalism

Much discussion followed on Stage Hypnosis as Entertainment. Linda will take back to ICA Board, other suggestions.

Denny attending Iowa Leadership Retreat June 30-July 1.

Update on Disaffiliation AMHCA-ACA. Mediator involved. No agreements achieved thus far. Many of the Regions favoring unity and restructuring. AMHCA also favors electing ACA Governing structure/leadership to come from Branches rather than Divisions, allowing for more control over monies and agendas, especially legal issues. Updated reports to come by way of special mailings if vital information needs to be shared.

Report on Managed Care Workshop in Pittsburgh. Stressed fact that having more Mental Health Counselors as Providers would be cost-effective. Outcome research being looked at. Focus on Quality Improvement. Looking for best level of care/best providers. Avoiding abuses by providers. Also looking at things like subjective well-being/impaired functioning; medical utilization; involvement with legal system. Hope to be able to measure # of sessions by treatment-level index 0-100, using both Provider/Consumer Responses. Has to be individualized.

Item/Action #4 - Mental Health Adv. Coalition Update - Karen: Insurance Companies have signed rules change extending life mental health benefits to \$50,000 from 10,000.

No further moves toward Parity Bill. At national level - Parity Bill is still alive. Mental Health Services will be covered on equal basis with Health Services.

Committee working of surveying different organizations' experience with Merit Behavioral.

Working on Legislative Bill to limit practice of Hypnosis to Licensed Professionals based on local case involving sexual abuse.

Wanting Critical Incident Reports from Consumers.

Some concerns about County Mental Health Coordinators' (CPC) involvement.

Some insurance companies offering savings without Mental Health Coverage check off.

Iowa Mental Health Providers have not met/has not given them our check.

Linda T. added-Iowa Board of Behavioral Examiners looking at mandatory licensing for Mental Health Counselors, whereby everyone providing mental health counseling would have to be licensed.

Item/Action #5: Denny Feltz - Treas.Rpt.- Submitted written report - Current Balance \$1,411.48.

Susan Hoppenwirth, incoming Treas. & Denny have made signature transitions- will use same bank - keep everything as is.

Motion by Marie, 2nd by Isabell to pay bills.

Denny will submit Fiscal Budget to ICA.

Income from Lowell's Conference \$665.00-Expenses \$699.81.(Mailings to SWrks., IMHCA, Lic.MHCs- \$480.39/Printing \$219.40)

In the red - approx.\$75.00.Had inquires about future conferences 30 request for Mbrshp.info. Membership Services Committee would handle registration.

Item/Action #6 - Awards - No State Awards submitted this year other than Branch Presidents.

Item/Action #7 - Ethics - Booklets - Marie Pursuing

Item/Action #8 - PP/LMC - Denny has contacted Cheryl - Cece Arnold suggested as replacement.

Item/Action #9 - Mbrshp.-Richard - Over 100 ltrs. sent out to Licensed Mental Halth Counselors not part of IMHCA. 1 Return & possibility of 2nd. Today's guest, Bonnie, one.

Also, no return on request for Student Representative on IMHCA Bd. from various Grad. Pgms.

Need more brochures. Suggestions that on next printing, make name change, also use AMHCA symbol. Membership Services Committee to handle reprinting - Bob Moore has original design.

Item #10 Mbrship Services - Lowell: Upcoming IMHCA-Sponsored Conferences: "Healthy Parenting" - Sept. 6 (Bob arranging)
"Psychopharmacology"- Dec. 6 (Bob arranging)
"Mental Status Assessment"-Mar.7

Looking for location toward center of the state-better accessibility may assure better attendance.

Looking at WEB - Page- E-Mail Contact with IMHCA information- Isabell indicates need for hard copy.

Licensed Mental Health Counselors want to see Quality CEUs - to get Ethics straight-stick with "enhancing the profession" Need consolidated Mailing Base.

Linda pursuing Povider # thru Ia. Behavioral Examiners. (IBE's also establishing Standards for Supervisors- after '97 Mental Health Counselors will have to be supervised by Licensed Mental Health Counselors. Will need to be training supervisors) Workshops suggestion - Licensure Preparation. Currently approx. 164 licensed MHC - only approx. 40 IMHCA mbrs.

Richard suggested affiliating with Northwest Illinois College at Macomb, Ill, who provide excellent workshops for counselors. This could also be arranged thru an affiliation with DMACC.

Item/Action #11 - Newsletter - Linda is turning over to Denny. It helps if people send suggestions for articles or send in articles.

Item/Action #12 - Resolutions/By Laws- Marie - Resolutions for Parity/Mental Health Counselors'inclusion as Third Party Reimburseable by Insurance Companies doing business in the State of Iowa submitted and approved as addition to State Democratic Platform.

OLD BUSINESS

Item/Action #13 - Denny - Materials to take to Natl. Ldrshp. Conf.- Traverse City, Mich.-Suggested - Brochures, Newsletters, Printed Sheet of Activities -Mbr. Service Brochures (IMHCA Conferences) Div. Report to ICA - Last yr.'s progress due - Denny sending.

Item/Action #14 - Have secured forms from Ia.Beh.Ex.-Provider # as Sponsor for Continuing Education Credits.

Item/Action #15 - Still checking on Student Bd.Member.

Item/Action #16 - Fall Conference Planning:

- Popcorn Social - Friday Nite

-Print Up IMHCA Activities Sheet/Newsletter handouts at registration.

-Need to extend ourselves to new members

-IMHCA Bd.Mbr. Panel - Scheduled Saturday AM

(Cover - Goals for year; Suggestion of Strategic Planning Session; Affiliation Issue; Membership Input

-Ribbons (Mary has)

-Booth - Linda will provide licensing information handout, IMHCA Membership list - Officers - Display awards

Item/Action #17 - Soliciatation Mbrs.-Reduced Mbrshp. Fees-\$5 off,if new member contacted joins. Check Richard to verify.

Next Meeting: Sept.21,1996 - 10AM
Vets.Hosp.Conf.Rm.-Marshalltown

Adjourned: 1:10PM.

Respectfully Submitted,



Marie Kent, MA, Sec.

Minutes

IMHCA Board Meeting

Sept. 21, 1996

Convened at 10:15AM

Members Present: Pres., Denny Feltz, Treas., Susan Hopperworth, Sec., Marie Kent, Isabell Lewis, Karen Cordes, Becky Heron, Richard Tiemeyer, and Lowell Routley, *Kim Darr*

Item/Action #1 - Minutes - June 15, 1996 Corrected and Approved in motion by Karen, seconded by Lowell.

Item/Action #2 - Membership Services - Becky/Lowell/Isabell - Brochure of Year's Conferences Reviewed. Other topics/presenters discussed: "Private Practice"-Bonnie Hill; "Grief Counseling"-Bob Lemke; "Brief Therapy"-John Litrell; "Communicating with Adolescents"-Denny Feltz some examples. Suggestion - mailing brochures to Psychologists/Social Workers/others outside of IMHCA. Question- Monies budgeted for mailings/ Could ICA help with cost of mailings. Suggestion-contact Mary Prewitt. Suggestion have brochures available at Mental Health Coalition Conference Oct. 16, 17, 198. Suggestion of having Information Sheet at ICA Fall Conference, soliciting other Presenters/Topics. Also suggested more members be added to this committee. Committee will have a Graffiti Board at Fall Conference-IMHCA Booth.

Item/Action #3 - Reprinting IMHCA Brochures - AMHCA would like brochures also.

Item/Action #4 - Awards - Denny will arrange for plaque for Linda.

Item/Action #5 - Reports - President's- Denny - He will provide write up of Leadership Conference in upcoming Newsletter - Good Experience - Good National Connections. IMHCA cheapest dues/lowest number of members in the country.

Approx. 250 people licensed now. Continue to promote fact that our organization helped these individuals get licensure-will help them keep it. AMHCA Info - Parity passed Senate- House still in question. Small businesses not covered. Division Presidents met in July - Orlando-site of Natl. Conf. Made a decision to rewrite Policy-Making/Voted to change Bylaws. ACA Midwest Conference in 2 weeks in Fargo, N. Dak. ICA - Denny is now on Governing Council as IMHCA Rep.

(Treasures'Report) - Susan -formal transfer Jul.24,1996
Expenses - \$300 - Denny's Travel-Ldrshp.Conf.
32 - Stamps

Current Balance - \$972.60

(Ethics) -Marie - Contact with AMHCA's Ethics Chr.-Randa Bacard
AMHCA following ACA Stds.'95 although cumbersome.

(Pub.Pol./Leg./Mgd.Care) -Motion by Lowell,seconded by Susan
to have Karen Cordes serve as Chr./Rep.

(Mental Health Coalition) - Karen - Concern that there is no
Mental Health Advocate Coalition Rep. on Governor's Task Force
on Health Care. Coalition pursuing the matter.
Alot of discussion regarding legal settlement issue-gatekeeper

(Protection & Advocacy) -Karen- Trying to define self again-
Parity?-Advocacy in General? Still writing licensure for
hypotherapists. Need more funding for Prot.& Adv.

(Mental Health Providers)-Karen -Third Party Reimbursement for:
Social Workers,Nurse Practicioners,Mental Health Counselors
and Marriage & Family Therapists. Need to decide if we want
this as priority for Mental Health Counselors. IMHCA voted to
donate monies to make up brochures with training/education of
practioners to present to legislators/insurance companies. Need
to have representative to attend meetings with same to talk
about what mental health counselors are doing.
-Discussion increase dues to cover cost of advocacy programs.
It was the consensus of the Board that this be a priority item
for us.

Karen to serve as Co-Chr. of Public Policy & Legislation
Committee for ICA. As Past State Pres.,Karen serves with Midwest
Regional Directors' as liason between State Pres.-Natl.AMHCA
Bd. as Rep.to Natl. AMHCA Bd.)

(Membership) -Dick Tiemeyer-sent out 113 ltrs.-1 joined. Need
updated membership list.
Dick resigning. Bonnie Hill - Burlington/ Phyllis Priest-Des
Moines suggested replacements. Denny will follow-up on this.
Dick has been on Board since 1983. Karen arranging recognition
award.

Newsletter - Denny reminds us we are members serving members.
Suggested Book Reviews. Web site reports. PPL reports.

Item/Action #6 - Fall Conference. Fri.9-11PM-Popcorn Social-
Suite 1100 - ICA Pres.Suite. Division Meeting chgd.from Sat.
7:30-8:30AM to Fri.5:30-6:30PM. This will be a combined Board/
Division Mtg. IMHCA Interest Session Panel - Sat.8:30-9:45AM.

IMHCA Bd.Mtg.9/21/96 (cont.d)

P3

Item/Action #7 - Student Bd.Mbr. - Denny will contact Ann Vernon

New Business:

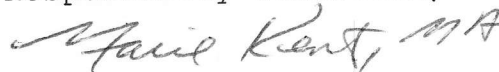
Item/Action #8: ACA Midwest Summit -Fargo,N.Dak.Thurs.,Oct.
3. Denny attending. Will put feedback in next newsletter.

Item/Action #9: LMSW - Implications for MHCs. Denny provided
handout.Discussed concerns. Denny will put particulars in
newsletter.

Next Board Meeting: at ICA Fall Conference. Fri.Nov.8,1996-5:30PM
combined with Annual Division Meeting.

Meeting Adjourned 12:51PM. Several Board Mbrs.toured Vets
Hospital lead by Isabell Lewis.

Respectfully Submitted,



Marie Kent,Sec.

Minutes
IMHCA Bd./Divisional Meeting
Sat., Nov. 8, 1996

Convened at 5:30PM

Mbrs. Present: Dennis Feltz, Pres., Linda Trudeau, Lowell Routley, Richard Tiemeyer, Isabelle Lewis, Kim Darr, Marie Kent, Jim Burr, Carla Janson, Guest, Student Intern, Lynn Cornwell, Cedar Rapids

Item/Action #1 - Awards - Presented to Past IMHCA President, Linda Trudeau and Special Award for Years of Service to Retiring Membership Chr., Richard Tiemeyer.

Item/Action #2 - Minutes 9/21/96 & 11/4/95 - members asked to contact Secretary, Marie Kent with any additions or corrections.

Item/Action #3 - Newsletter - Pres./Editor, Dennis Feltz looking at some restructuring to add a more human touch.

Old Business- Item/Action #4 - Student Representative to Board: Ann Vernon has submitted a list of candidates. Dennis reviewing.

Item/Action #5 - Replacing Membership Chr.: Dennis pursuing replacement. Kay Boeckman interested/willing to serve.

New Business-Item/Action #6- Dues-Dennis brought up concern for expenses involved in IMHCA's participation in coalitions- Need for funds- Current Dues one of the lowest in country. Also emphasized legislators' desires to deal with groups, such as the coalitions rather than having to deal with individual groups.

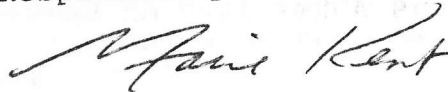
Item/Action #7 - Member Services- Looking for input from members on Workshop topics/presenters. Will have surveys at IMHCA Booth during the Conference.

Item/Action #8 - Dennis reported on AMHCA Representatives from Midwest desire to join with IMHCA for a *missouri* 4-State/3-Day Conference, involving ~~Illinois~~, Nebraska, Iowa, and Kansas. Want to know: 1) Is IMHCA interested? 2) Could we provide a representative to a planning committee? 3) Need \$250 start-up funds. AMHCA could provide \$1,000 to help other states who do not have their own conference. Money for National Speaker. Isabelle moved, Kim seconded. Motion carried to formally explore possibilities of IMHCA's becoming involved. Kim volunteered to participate as our representative on the planning committee.

Item/Action #9 - Treasurer's Report - Balance Fwd.(9/20/96)
- \$972.00. No expenses prior to Fall Conference - Current Balance
- \$972.00. There is still one outstanding check, #523 to Mary
Ellen Lester for \$50.00 on 4/13/96.

Meeting Adjourned 6:30PM.

Respectfully Submitted,



Marie Kent, Secretary

Old business: Item/Action #4 - Student Recruitment Plan to Board:

Item/Action #5 - Page 10 - Recruitment Plan: include parasitic
recruitment for the 1997-1998 school year.

New business: Item/Action #6 - Page 10 - Dennis brought up concern
for expenses if IMHCA's participation in coalitions.
Went for "cost-benefit" analysis of the investment in country. Also
summarized "regulators" wanted to deal with groups, such as
the coalitions rather than having to deal with individual groups.

Item/Action #7 - Member Services- Looking for input from members
on Workshop topics/presenters. Will have surveys at IMHCA Booth
during the conference.

Item/Action #8. Reports reported on AMHCA representatives from
Midwest desire to join with IMHCA for a
4-State/3-Day Conference, involving Illinois, Nebraska, Iowa, and
Kansas. Want to know: 1) Is IMHCA interested? 2) Could we
provide a representative to a planning committee? 3) Need \$250
start-up
funds. AMHCA could provide \$1,000 to help other states who do
not have their own conference. Honor for National Speaker.
Lynelle moved. Kim volunteered to formally explore
possibilities of the 4-state conference. Kim volunteered
to participate in the planning committee on the planning committee.