

Minutes from IMHCA BOARD MEETING

Saturday, June 12, 2010

9:00AM

Des Moines Area Community College Urban Campus

1100 7th St, Des Moines

Building 1, Rm 107

- I. Call to order – 9:00 am
 - A. Present: Cindy Boyle, Kristen O'Connor, Jim Wilwerding, Kevin Petersen, Isabel Lewis, Jessica DeBoom, Carol Hinman, Christy Johnston arrived at approx 9:30am
- II. Acceptance of Agenda
 - A. Jim, Jessica, All
- III. Approval of Minutes (3/6/2010 meeting & Annual Mtg minutes from April)
 - A. Jessica, Jim, All
- IV. President's Report - Cindy
 - A. AMHCA Report –State Chapter Review
 - i. Committees
 - a. Membership is only active committee
 - b. need to develop more committees
 - B. State Chapter Services
 - i. AMHCA wants several services – discussed
 - ii. Past Board identified offering workshops for helping candidates to take licensure exams.
 - iii. Would like to offer workshops throughout year, not just Annual Conference – discussion of some possibilities
 - iv. Currently free student membership – mentoring program could result in maintaining these memberships
 - C. Eric has been appointed to Licensure Board – discussed possible effect on plan for Eric to serve and IMHCA Rep at Board meetings
 - D. Kevin identified Child Mental Health Waiver – left out LMHC independent practice – later will talk about goals
- V. Treasurer's Report
 - A. Currently \$686.00 over 2009-2010 budget
 - B. Wells Fargo
 - i. Discussion of charges and question changing banks
 - ii. Decided will not change as Wells Fargo is available across state & do not want to have to change banks when change Treasurer
 - iii. One user/password per online account – discussed who should have access
 - C. Tax Exempt status is not yet established

- i. Jim & Eric working on this 2010 Applying for 503C6 exemption as allows to pay for lobbying.
 - a. Established deadline of October 15,
- D. Discussion of IMHCA Audit History
 - i. No records of past audits – in past done by committee of members
 - ii. Discussion of having members audit or paying for audits
 - a. Jim will investigate costs
- E. 2010-11 IMHCA Proposed Budget
 - i. --Conference registration, added ten
 - ii. --Set up tables, projected increase
 - iii. --membership added percentage increase for membership
 - iv. --Most expenses are about the same
 - v. --Projecting balance of \$0
 - vi. Jessica, Cindy, All Approved pass 2010-11 Budget
- VI. Membership Report
- A. Have had influx of members to get in before cost increase
 - B. Have had influx of students due to free membership offered, Cindy did reach out to college programs
- VII. Old Business
- A. 2010 Conference Review
 - i. Feedback – generally favorable, like location & facilities
 - B. Election Update (president-elect, treasurer position)
 - i. Eric will continue to handle
 - ii. President-elect -- Kevin Petersen & another person may be interested
 - iii. Eric planned to serve as legislative liason, may be conflict with appointment to position on Board
 - C. Update on web changes—Kristen
 - i. Transition for email is complete, 4 main email addresses
 - ii. PayPal is set up & Running
 - iii. Legislative updates – trying to develop synopsis in order to shorten space on web page. May do as downloadable PDF document
 - iv. Facebook page started –Will use logo as picture for page. Discussed posting pictures of conference
 - v. Member listserv
- VIII. New Business
- A. IMHCA Golf Tournament -- Isabelle Lewis
 - i. Has talked to 3 courses – probably around September 3 (Labor Day), 10, 17th (Fridays), open to IMHCA members family & friends; Has contacted 3 golf courses for prices, food, etc.;
 - ii. Jim Moved Board to write check for \$800.00 and charge \$40.00 per person, Jessica Second, All Approved
 - B. Discussed position for database manager paid by stipend

- i. Discussion: Would like consistency so does not turn over every 2 yrs., does not necessarily have to be IMHCA member, currently in Excel -- Access would be possibility as would allow more flexibility for reports, May want to work on a job description (including reports to board)
- C. AMHCA Conference/Leadership Training
 - i. No-one went last year, Important that we send someone, Need to plan ahead for next year
- D. AMHCA Annual Report/IMHCA Goals
 - i. Increase membership by 25 members
 - ii. Increase conference attendance by 15 individuals – had 60 individuals at last conference
 - iii. Offer one non-conference training, e.g. test prep for grad students
 - iv. Offer one non-training gathering per year
 - v. OVERALL GOAL: increase visibility of IMCHA
- E. Lobbying goals for next legislative session (planning session in August with IAMFT)
 - i. Consult with Emily to determine what it will take to get Medicaid recognition, We are recognized by Magellan Behavioral Health, but not Medicaid (Title XIX).
 - ii. Consult with Emily to determine what will it take to get recognition for IME – child mental health wavier
 - iii. Determine joint goals with IAMFT
- F. Goals for electronic Newsletter
 - i. set schedule --corresponding with board meetings
 - ii. regular articles
 - iii. Kelly will work on Newsletter
 - iv. Identified standing articles:
 - a. President's article
 - b. Legislative corner
 - c. Finances
 - d. Student column
 - e. Advertising: website/facebook
 - f. Conference development
 - g. Guest Article
- G. IA Licensure Board Attendance—Erik (legislative liaison)
 - i. Concerns about conflict of interest – licensure board may set limit
- H. NBCC CEU provider status—Erik
 - i. Discuss whether IMHCA needs status separate from AMHCA??
- I. 2011 Conference
 - i. Established 2011 Conference Planning Committee will be headed by Christy Johnston, members: Eric, Jim, Cindy, Kristin
 - ii. Discussed alternate sites, decided to keep location for a number of years to better establish conference
 - iii. Will keep 2-day conference
 - iv. Will determine Keynote & Dates by end on August 2010

- v. Ethics every-other year
- vi. Goal to increase registration
- vii. Will plan alternative to Evening social gathering, possibly reserve tables/area at Bennegins for supper
- viii. Conference Binder

- IX. Set 2010-11 Board Meeting schedule
- Aug 10th planning meeting with IAMFT
 - Sept 18th Waterloo 9:00 AM Location: Schmitt-Telecom Bldg.,722 Water Street, Suite403; Waterloo
 - Dec 4, 2010 Des Moines 9:00 AM Location: DMACC
 - March 5, 2010 Waterloo
 - June 4, 2010 Des Moines
- X. Jim moved to Adjourn.