

IMHCA BOARD MEETING MINUTES

Saturday, September 18th, 2010

9:00AM

722 Water St, Suite 403 Waterloo, IA

- I. Call to order – 9:05 am Jessica, Mary, All
 - A) Present: Cindy Boyle, Tracy Self, Jessica DeBoom, Mary Higgins, Kevin Petersen, Tanja Duffy, Carol Hinman, Lisa Turner (via Scype), Kelly Wagner (via phone), Eric Oostrander (joined via phone at 10:00)
- II. Agenda Accepted
- III. Minutes from June Board Meeting Approved
- IV. President's Report
 - A) Now have Full board
 - B) Pay Pal is working well
 - C) Conference Planning Committee – need to provide some direction to committee
 - D) Will have an open student position
- V. Treasurer's Report (Jim, submitted in writing)
 - A) Balance as of 9/17/2010 is \$8,180.36
 - B) 503(c)(6) tax exempt status application has been submitted to IRS, no response yet
 - C) IMHCA Audit (potential auditors and cost)
 - i) No report. Will defer to next meeting
 - D) Question of difference between amount board approved for Golf Outing and amount paid – Cindy will follow up on this
 - E) Concerns that we do not have any funds budgeted for committee functioning
- VI. Membership Report
 - A) Membership remained steady around 100 members
 - B) Opportunity for students to join free has ended, now costs \$15
 - C) For follow up: Question regarding change in types of members
- VII. Election wrap up/Committee Chair Appts
 - A) We have a full board
 - i) President Cynthia Boyle
 - ii) President-Elect Kelly Wagner
 - iii) Secretary Carol Hinman
 - iv) Treasurer Jim Wilwerding
 - v) Member-at-Large Tanja duffy
 - vi) Member-at-Large Mary Higgins
 - vii) Student Member Jessica DeBoom
 - viii) Membership Chair Cheryl Garland
 - ix) Ethics Committee Chair Tracie Self
 - x) Professional Development Committee Chair Kevin Petersen

- xi) Public Relations Committee Chair/Website Coordinator Kristin O'Conner-Sherrets
- xii) Publications Committee Chair Lisa Turner

VIII. NBCC CEU provider status—Erik has not had opportunity to work on this

IX. Lobbying goals for next legislative session (Erik report on meeting with IAMFT)

- A) Information regarding joint meeting with IMHCA, IAMFT, & Lobbyist was in most recent newsletter.
 - i) Two bills are crucial for IMHCA: Medicaid provider and Fair Practice
 - ii) Big issue is a fair practice law – insurance companies would be prevented from discriminating against any specific group of practitioners
 - iii) Lobbyist indicated could fold Medicaid issue into Fair Practice issue
 - iv) If **attempt to create a Fair Practice Bill**, Lobbyist quoted will need \$5000 from each state association

X. Potential conflict between Eric Oostrander serving as member of Iowa Board of Behavioral Science Examiners and as Chair of IMHCA Government Relations Committee

- A) Cindy consulted with AMHCA Ethics and was told this would be a conflict
- B) Eric reported the Iowa Board BSE is willing to consider the co-appointment
- C) All agreed Eric could not serve as Chair of IMHCA Government Relations Committee
- D) Will need to appoint new chair for this committee
 - i) Will communicate need to IMHCA membership via email/web

XI. Conference Planning Committee Report – Cindy, Eric

- A) Date 4/28-29/2011
- B) Holiday Inn – reservations not made yet
- C) Dropping networking reception, will reserve space for dinner with members paying on their own
- D) Committee recommends inviting members of state associations of neighboring states at our state member rate, Board approved
- E) Discussion of including Ethics every year reopened
 - i) Wanting to respond to members' needs – may not attend yearly
 - ii) IAMFT offers yearly
- F) Key Note – discussion of whether focus on resistant clients would be likely to attract more attendees, other possibilities discussed included last year's break out speaker on Reactive attachment, Terry Kottman (with focus on play therapy with adults as well as children)
 - i) recommend to conference committee to use survey monkey to poll membership
- G) Recommendations to Conference Planning Committee
 - i) Include Ethics on yearly bases
 - ii) Use Survey Monkey or other tool to poll membership regarding topics for Key Note Speaker
 - iii) Consider less time with Key Note and more in break out sessions

XII. AMHCA Conference/Leadership Training

- A) Will send President-Elect Kelly Wagner

XIII. Stipend position for database manager

- A) Cheryl Garland will assume responsibility
- B) Stipend tabled until Budget revisited – Stipend could be free conference attendance

XIV. AMHCA State Chapter Annual Report

- A) Board is fully staffed
- B) Committee Chairs identified and committee structures being built
- C) Membership remains about steady for several years, will need to develop a strong focus on developing membership –
 - i) Decided need to develop outreach to LMHC's regarding legislative efforts
 - ii) will require budgeted money for this
- D) Service to Consumers
 - i) Next month is Mental Health Month – discussed publishing member activities on web site, helping facilitate public service messages, etc.
 - ii) This is an area of ongoing need
 - iii) Cindy will follow up with Kristin
- E) Service to Profession
 - i) Discussed mentoring program for students & early career professionals
 - (1) AMHCA has packet/handbook regarding this
 - (2) Kevin will follow up

XV. By-Laws

- A) Need to be reviewed and updated
- B) Questions regarding position descriptions for Committee Chair positions
- C) Could be a project for a committee, could be a 1-day project for a group
- D) Tabled for discussion at next meeting

XVI. Cindy announced her resignation from Presidency due to surgeries and a need to put her energies towards health and employment

- A) Kelly will assume Presidency
- B) Cindy will inform board in one month of her ability to manage Past-President responsibilities

XVII. Upcoming Board Meetings

- Dec 4, 2010 Des Moines 9:00 AM Location: DMACC
- March 5, 2010 Waterloo
- June 4, 2010 Des Moines

XVIII. Meeting Adjourned (Tracy, Mary, All)