

IMHCA BOARD MEETING MINUTES

Saturday, December 4th, 2010

10:00AM

Primary SKYPE locations: 722 Water St, Suite 403 Waterloo, IA
DMACC Campus Des Moines, IA

- I. Call to order – 10:20 am
 - A) Present: Kelly Wagner [from home], Cindy Boyle, Carol Hinman [Waterloo], Lisa Turner, Cheryl Garland, Jessica DeBoom, Eric Oostrander, Christy Johnson, Jim Wilwerding (arrived late) [Des Moines, main site], Tanja Duffy [Des Moines, second site]
 - B) Determination of Quorum, Kelly appointed Eric & Christy able to vote

- II. Acceptance of Agenda
 - A) Kelly, Cheryl, all

- III. Approval of Minutes (September Board Mtg)
 - A) Lisa, Jessica, All

- IV. President/Past-President's Report
 - A) Mentoring period for President position – Cindy & Kelly working together
 - B) Carol's passing
 - i) Carol Charles Rohlf's family received flowers IMHCA sent for her funeral. Family has her practice records—questioning what should do, Cindy helping them. (Possible topic for conference.)
 - ii) Several LMHC's approached Cindy stating they have IMHCA Archive material. Need to develop archives. Cindy will attempt to develop archives from materials given to her. Discussed scanning papers to organize. Possible store online (with website)? Carol also has records.
 - C) Cindy clarified committee positions. Membership Chair is appointed -- Cheryl's tenure ends this July. Eric – concern is that he needs to not be both a voting member of Board and a member of Iowa licensure board

- V. Treasurer's Report, submitted in writing (attached)
 - A) Tax Report -- completed
 - B) IMHCA Audit (potential auditors and cost)
 - C) Discussion regarding budget issues, lobbying, & membership
 - i) Budget has been pretty consistent. If 10 more people to conference, will be in black, efforts to decrease cost of conference (below)
 - ii) Pre-conf expenses – brochures to LMHC's, MFT, post on MSW website.

- VI. Conference planning committee update (Christy)
 - A) Conference is Thur & Fri May 12-13, 2011
 - B) Main Speaker on Fri -- Gerard Jacobs from USD – Disaster Mental Health, will focus on family
 - C) Thurs Morning, 2 3-hr presentations

- i) Animal Assisted Therapy
- ii) Counselor Wellness
- D) Thurs Afternoon – plan 2 sections of 3 90-min sessions
 - i) Do not have enough proposals, brainstormed possible topics & people. One possible topic was how to get more involved in IAMHC,
- E) No social hour – “Bennigins” for dinner – Restaurant will not be Bennigins, but there will be a restaurant there
- F) Lunches & snacks – will set up 1-2 months ahead of time. There was feedback last year that food was too heavy. Possible sandwich bar.
- G) Meeting & lunch will in same room, rather than changing rooms like last year
- H) Presenters need to be aware of time limits – last year difficulty to staying on schedule
- I) Exhibitors -- Opportunity is listed on website, only one has contacted Christy, Cindy has identified exhibitors from other IA conferences & will send to Christy
- J) Jessica is working on brochure
- K) Hotel flooded lower rooms, have redone & are much improved
- L) Discussed making a snack an IMHCA conference tradition, like IA4PT has make your own sundae every year
- M) Kelly expressed gratitude to Christy for managing the conference.

VII. AMHCA Leadership Training,

- A) last meeting decided will send Kelly since she is assuming Presidency.
- B) Cindy recommend also sending whomever will be president-elect or another person due to concern in lack of training impacting efforts of Board membership. Determined will not have president-elect until July 2011. Eric will be going to conference as presenter.
- C) Discussion tabled regarding sending another person.

VIII. Lobbying goals for next legislative session (Erik)

- A) Met with Iowa LMFT and MSW organizations
 - i) Determined no concerns about working together
 - ii) Some discussion about combining conferences
- B) Determined Four Legislative Goals during meeting Mon before Thanksgiving
 - i) Fair Practice Law
 - (1) With new medical laws, unsure who will be covered
 - (2) Precedence of other states having passed fair practice laws– Emily using Oklahoma law to draft for Iowa
 - (3) Likely have focus this legislative session on access to services, making it important to approach this issue this session.
 - ii) Licensure terminology using “temporary” for beginning practitioners
 - (1) licensing board would have to implement process for “administrative change” in law and would have to be passed by legislature, would take a year to complete change – would not involve lobbyist
 - iii) Add LMHC as Medicare providers – currently covered under Magellan
 - (1) Magellan just renewed contract but there was competition and if new provider won contract, they could choose to exclude LMHC’s

- (2) Children's mental health waiver would be impacted by this – make LMHC's eligible for providing in-home therapy
- iv) Cashen decision
 - (1) This was a court decision that required disclosure of mental health records of victim of domestic violence to person accused of perpetrating that violence to be used in accused defense.
 - (2) Previously convicted people are now trying to reopen cases based on failure to disclose mental health records of victims. Can ask for records to go on fishing expedition to look for info to use in defense. Many groups opposing this, including MFT's, SW's, Psychiatrists, Public Defenders, IA Bar Assc, etc. Will need to work with these groups.
- v) Jim moved to \$5,000.00 for lobbying, Kelly second
 - (1) Discussion – concerns regarding nothing in budget to support membership drive. Discussed including mailing to all LMHC's with mailing of brochure for conference vs. additional mailing to all LMHC's. Getting exhibitors to pay for booths at our conference will increase monies, etc.
 - (2) Vote: All in favor
- C) Board also discussed question of how to get counselors grandfathered into VA which is currently including LMHC's who graduated from 60 hr CACREP program – is it possible to get additional education hours to meet 60?

IX. Membership Report – concerns regarding no monies budgeted for membership development

- A) Jim moved provide \$500.00 for membership development with a full budget outline present at next meeting, Eric second
- B) Discussion – none (discussed in previous vote).
- C) Vote: All in favor

X. Old Business

- A) Webmaster taking over database mgmt. – discussed payment for this.
 - i) Database management – discussed letting web master manage, monthly maintenance fee + per hour currently averages something like \$50.00 per month maintenance, would require additional per hour.
 - ii) Cindy will contact chair of membership & web committees to include in developing this.
 - iii) Eric move to vote the web master assume responsibilities for database management for six month trial period Second: Cheryl Vote: All in favor
- B) NBCC CEU provider status update—Erik has not been able to work on this
- C) Mentoring program update –Kevin did not attend, no info

XI. New Business

- A) AMHCA Annual Report—Move forward with goals set at June 2010 board meeting
- B) Special election: student, president-elect (interest in Government Relations) – Tabled for discussion at next meeting
- C) Updating IMHCA Bi-Laws

- i) Concerns regarding executive committee make-up not including past-President, web coordinator not included, need to update committee descriptions, membership types, etc.
 - ii) Cindy has received copy of AMHCA bi-laws
 - iii) Kelly proposed she & Cindy work on this as part of her training as President then present to Board for approval
- XII. Proposed future meetings on ICN – Kelly will look into this.
- XIII. Adjourn Jim move, Eric second
- XIV. Upcoming Board Meetings
- March 5, 2010 Waterloo
 - May Annual Meeting @ Conference in Des Moines
 - June 4, 2010 Des Moines

IMHCA Treasurer's Report

December 4, 2010

Date		Amount	
BALANCE 9/18/2010		\$8,180.36	
9/27/2010	Engineering The Law	Books	(\$137.50)
10/2/2010	Engineering The Law	Overpayment	\$14.80
10/13/2010	Wells Fargo	Bank Charge	(\$3.21)
11/5/2010		Membership (AMHCA)	\$312.00
11/13/2010	Wells Fargo	Bank Charge	(\$3.21)
11/26/2010		Membership (AMHCA)	\$260.00
BALANCE 12/4/2010		\$8,623.24	

We have received approval from the IRS that we are now officially a 503©(6) organization. The notification was dated September 14, 2010. I am still reviewing all of the supporting information but, the bottom line is that we are now officially a tax-exempt organization with no limit on the portion of our income that can be allocated on lobbying (or any other) efforts. For the Treasurer, this means also that an annual tax return must be submitted. At our level of income, this will mean filing an e-postcard with the IRS every Spring.