

*Iowa Mental Health Counselors Association Board meeting
December 8th, 2012 (9:15am)*

Attendees:

Kelly Wagner (President) - Absent
Kristy Johnson (President Elect- Start July 2013) - Present
Erik Oostenink- Present (Past president, AMHCA Midwest Regional Member at Large) - Present
Amy Mooney (Secretary) - Present
Don Gilbert (Treasurer) - Present
Sammie Nobles (Membership) - Present
Christy Johnston- Present
Cassandra Storlie- via Skype Present
Kacey Peterson-via Skype Present
Jessica Romey- Present
Kristen O'Connor-Present
Carol Hinman (Newsletter) - Present via Phone
Marty Wallace (Member at large) - Present
Katie Blair (Student rep.) - Present
Sue Height Susan (Student rep.) Present

Meeting started 9:15am:

- **Report of Iowa Mental Health Counselor's Association 2013 Annual Conference**
Jessica's reported the Iowa Mental Health Counseling Association Conference will be on April 15 and 16th. We will have the annual board meeting during lunch on Monday. We have various speakers. The keynote speaker is Dacia Moore: Creating Resiliency in an Ever-Changing World; Dr. Vilia Tarvydas: Ethics; Attachment: Marty Wallace; and presenters on adolescent substance abuse, voc. Rehab., gambling addictions, corrections, suicide prevention, and Borderline personality disorder. Discussion of soliciting student poster session or student presentations (must have a licensed counselor for a pull out session). Brainstorming ideas to bolster attendance and fundraising. Don Gilbert discussed about a speaker for DSM 5 and changes of the codes. The board conferred about possible large sponsors for the annual conference.

- **Treasurer's Report:**
All bills have been paid. Previous Balance 1574.80. Current Balance: 497.02

Discussion of future cost: Kristy (new present elect) going to the national conference- cost of leadership training- Washington, DC is 2013. Don discussed going at his cost and IMHCA will pay for leadership training.

Discussion of Fundraising: Don Gilbert discussed of an introducing an Annual Golf fundraiser for IMHCA (Discussion of raising money for mental health awareness, student scholarship, and other IMHCA costs). Don Gilbert & Amy Mooney will be heading this interest and looking into golf fundraiser. It will be further discussed at next board meeting.

- **Membership Report:**

Board is going to discontinue use of current webmaster do to cost and delays of services. Sammie and Don are going to have all membership caught up from the back log by next week. Discussion of how to make amends with late memberships. It was discussed calling individual members to follow up. This will be further discussed at next meeting.

Sammie Nobles will not be able to hold her position any longer. Requests the board needs to fill this board position.

- **Legislative report:**

Erik Oostenink & Kasey Peterson reported: discussed lobbying for LMHC's with being recognized by Medicare. Renee Sholtee representative in the house was discussed about being an enormous advocate for LMHC. Cost for lobbying is about 2500\$. Emily Piper is a lobbyist that has been instrumental in lobbying for IMHCA. Children's health redesign is the legislative focus. Want to ensure LMHC's are in on this redesign.

- **IMHCA Website:**

Board discussed cost of posting on the website for counseling, mental health, or behavioral health. **Was this for advertising? Jobs? What? I don't understand what this is talking about.** Board discussed cost for job postings. Board discussed individual rate vs. organization rate vs. one monthly fee.

Don Gilbert suggests just monthly post free post for members and 50\$ cost for non-members. Don brought MOTION: **Move that IMHCA Members be charged \$0.00 to post job listings to the IMHCA Website for 30 days and that non-members be charged \$50.00**

permitted to post job listings to the IMHCA Website for 30 days. Amy Mooney 2nd the motion. – Motion Carried

Cassie is also going to further research on cost analysis of posts.

In regards to website and postings the board discussed if posting of law firms on the site should be allowed; also, discussed advertising CEU of providers. Student rep. Katie Blair discussed internship and supervision opportunities being posted on the web board.

Next board meeting, upon review of research the board will review and discuss further websites postings and cost (law firms, CEU's, potential internships for LMHC's, and supervision opportunities).

- **Ethics Committee Report:**

By- laws: Cassandra Storlie disseminated an attachment of IMHCA by-laws.

Cassie discussed all changes with ethics. Carol discussed archived materials. Cassie Storlie and Carol Himan conferred section K needs to remain. Erik Oostenink discussed inclusion of student members being on Board of Directors. Proposed it should be written to add 2 graduate students to the IMHCA board –graduate student representative be added to the Bylaw (article 3 section 1a & separate section 'C' will last for two years or until the student has graduated). Amy Mooney discussed representation of 1 student per University. If we do not have a student rep from other school then the board may have 2 representatives from one university.

Article 1 section 1 remove word 'minimal'.

Section 6 A: Change to "Board of Directors shall have the final decision".

All changes brought to Motion by Don Gilbert and 2nd by Katie Blair. Motion Carried.

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Final draft with all revisions will be sent by Cassie and posted to the website.

Don Gilbert brings motions to for all revisions to be approved. Marty Wallace 2nd. – Motion carried.

- **Newsletter:**

Carol Hinman report on Newsletter:

Information needed from various board members for the newsletter. Carol Hinman and board discussed implementation of a membership committee and a professional development committee.

~~Discussion of Law firms presenting in Newsletter.~~ Board discussed advertising by law firms in the newsletter. This will be discussed including the fee and cost structure in the next meeting. Publication did not go out in October; this was moved forward and anticipates publication of the newsletter before end of the year. Following the end of year newsletter, the next newsletter should be in March 2013 and start again as quarterly publication. Reviewed email of newsletter draft Carol sent the morning of board meeting. Board reviewed: Looks excellent, board liked the set up and presentation.

- **2013 Meetings:**

- ✓ Feb. 16th
- ✓ April 15th (noon @ IMHCA annual conference)
- ✓ May 11th
- ✓ July 13th
- ✓ October 12th.
 - *Future date will be posted of golf fundraiser projected in the month of August*