

*Iowa Mental Health Counselors Association Board meeting
February 16, 2013 (9:00am)*

Attendees:

Kelly Wagner (President) via Skype - Present
Kristy Johnson (President Elect- Start July 2013) - Present
Erik Oostenink- Present (Past president, AMHCA Midwest Regional Member at Large) - Present
Amy Mooney (Secretary) - Present
Don Gilbert (Treasurer) - Present
Vicky Saulog (Membership Chair) - Present
Christy Johnston(Chair of State Conference)- Present
Cassandra Storlie- via Skype Present
Kacey Peterson-via Skype Present
Jessica Romey- Present
Kristen O'Connor-Present
Carol Hinman (Chair of Newsletter) via Skype- Present
Marty Wallace (Member at large) - Present
Katie Blair (Student rep.) - Present
Sue Heitshusen (Student rep.) Present

Meeting started 9:00am:

- **Membership Report:**

Report of new members & follow up with the members.

Discussion of new memberships: Welcome to Vicky! Vicky Saulog our new member chair will send out new electronic copy of certificate for each new member. Jessica Romey brought up what the fee for an official certificate should be. Vicky Saulog will look at the cost of paper, seal, & mailing cost. 15 \$ per certificate was brought to motion by Don Gilbert that Jessica Saulog (membership chair) will sign the official certificate and the electronic signature of the current president. Motion Carried.

Discussion of AMHCA dues (paying both national and state) vs. IMHCA sending out.

Follow up discussion of making amends with those members that had a 6 month delay in having received membership. Also, Kristy Johnson suggested a discount on the state conference and dues. Erik proposed they can renew now (effective of notice) at the regular rate and report membership active. Erik brought to motion. Don 2nd. Motion carried.

Don Gilbert brought up what the cost of posting on the website monthly post free post for members and 50\$ cost for non-members. The cost 50\$ for non-members for one posting for single job for 30 days.

Discussion of posting CEU conferences that IMHCA offer cost to post CEU and also discuss with CEU offerings that a discount be offered to IMHCA members. It is suggested that Heather to be the liaison of building CEU postings on the IMHCA website.

Carol Hinman discussed having this information in the newsletter.

- **Treasurer's Report:**

All bills have been paid. Previous Balance 487.02. Current Balance: 3035.52

Don reported we have many new students. Drake is the largest in referrals from students.

Carol Hinman has a contact at Walden and will follow up with corresponding.

- **Legislative report:**

Erik Oostenink & Kasey Peterson reported: March 11 is day on the hill. Drake University is advocating for their students to attend. Emily Piper (Lobbyist) will give a legislative report at the State conference. Carol Hinman inquired about an email being sent to members or posting on the website (want to put information on the website). Kasey Peterson will send the letter out.

The board had discussion about federal job postings for LMHC. Concern that federal job postings of LMHC has stopped (per report of Carol Hinman). Kasey Peterson reported finding differentiation with each facility.

Erik Oostenink reported on American Association of State Counseling board conference. AMHCA looking at the CACREP as the standard in regards to common terminology. Iowa is supporting Licensed Mental Health Counselor in regards to Tricare, it is strongly encouraged to take the NCMHCE for Tricare.

- **IMHCA Website:**

Board discussed of cost of new webmaster. Board discussed establishment of internal cost and have an annual budget.

Motion was brought to the table that three members (president, conference, committee chair) are allowed to make changes to website. Carol Hinman brought motion, Kristy 2nd. Motion carried.

Next board meeting, upon review of research the board will review and discuss further websites postings and cost (law firms, CEU's, potential internships for LMHC's, and supervision opportunities. Sue Heitchusen will bring to May meeting (Webhosting cost, any additional cost, enhancement cost, emergency cost).

- **Ethics Committee Report:**

Cassandra Storlie discussed ethics of DSM 5.

- **State Conference**

Student volunteer from Drake (5 students). CEU for the state conference was discussed.

- **Fund Raising**

The board defined the theme for the fundraiser: 'Scholarship & Education' for an IMHCA members and additional funds for mental health awareness within the Iowa communities. Motion was brought forth for Golf Committee fundraiser to move forward with theme of Scholarship & Education. Member committee (Don Gilbert, Amy Mooney, & Katie Blair) was brought forward by Erik. Kristy 2nds.

- **Newsletter:**

Carol Hinman report on Newsletter:

Information needed from various board members for the newsletter. Carol Hinman and board discussed implementation of a membership committee and a professional development committee.

Discussion of Law firms presenting in Newsletter. Board discussed advertising law firms in the newsletter. This will be discussed including the fee and cost structure in the next meeting. Publication did not go out in October; this was moved forward and anticipates publication of the newsletter before end of the year. Following the end of year newsletter, the next newsletter should be in March 2013 and start again as quarterly publication.

Reviewed email of newsletter draft Carol sent the morning of board meeting. Board reviewed: Looks excellent, board liked the set up and presentation.

- **2013 Meetings:**

- ✓ April 15th (noon @ IMHCA annual conference)
- ✓ May 11th
- ✓ July 13th

✓ October 12th.

- *Future date will be posted of golf fundraiser projected in the month of August*