

Iowa Mental Health Counselors Association

Board meeting August 3, 2013 (9am)

Attendees:

Kristy Johnson- (President Elect)	Absent
Don Gilbert- (Treasurer)	Present
Amy Mooney- (Secretary)	Present (via Skype)
Christy Johnston- (Conference Chair Committee)	Present
Kacey Peterson- (Government Relations Chair)	Absent
Carol Hinman- (Publication Committee Chair)	Present (via Skype)
Vicky Saulog (Membership chair)	Absent
Jessica Romey- (Member at Large)	Present
Marty Wallace- (Member at large)	Absent
Heather Harris (Website Coordinator/ Public Relations Chair)	Present
Kelly Wagner- (Past President)	Absent
Erik Oostenink- (Past president)	Absent
Katie Blair— (Student Representative)	Absent
Susan Heitshusen (Student Representative)	Present
Katie Peterson (visiting from Drake University)	Absent
Jessica Volk (student visitor)	Present
Sharon Okerberg (visitor)	Present

Meeting started 9:07 am:

- Minutes from May 11th 2013 were reviewed, changes to be emailed to Amy Mooney
- Agenda reviewed
- Approved Minutes, Don Gilbert moved, Jessica Romey, 2nd the motion

Leadership Training AMHCA

- Christy Johnson and Erik Oostenink in attendance
- AMHCA training budget proposed to be 500, pending discussion
- Middle of the road for chapter progress, great news – states were open and honest. On our way to growing. Training on how to grow, very informative for our chapter
- Next training in Seattle, July 10th – 12th 2014
- Presented at the leadership training, compliments on our progress with the golf tournament

I-TABS meeting (Iowa's technical assistance and behavioral supports)

- Behavioral analysis agenda at the meeting
- Wanting LMHC's to get certified
- Must have 6 graduate hours in this behavioral analysis – online training
- bacb.com website available for more information
- IMHCA will not have a board representative at their quarterly meetings

Emails about IMHCA doing book reviews

- Not part of what IMHCA does as an association

Emails to the board

- Someone typically sends a mass reply: "I will respond to this one" and based on the question whether it is ethics or another committee. If no one responds within 24 hrs. the President then responds. this is the only process in place

Legislative Report: NA

Website report: Heather Harris

- Jenni was to be working on the getting the job board up and running, not completed yet
- Exploring a training board and a supervision board, have not heard from Jenni on cost estimates on this.
- Discussion on the pros and cons of having a training board and supervision board. Training board would be potentially time consuming, perhaps a quick link to IBC's training board. Email will be sent by Heather Harris to obtain at least 4-5 supervisors willing to post before asking Jenni to create the supervisory board on the website. Cost to post yourself as a supervisor: 50 dollars for six months and 75 dollars for a year, non-refundable.
- Links to different places on our website, making sure it fits our overall mission, such as LMHC specific information, legislative, training opportunities, etc. This is decided by the Coordinator as deemed appropriate.
- What information gets sent out to LMHC's through email: Making sure it fits the overall mission and relevant to our association such as events, legislation, the newsletter, AMHCA news, etc. The Web Coordinator will also be in charge of this at their discretion.

Day on the Hill:

- Christy Johnson spoke at the Capitol among others
- Use email to Senator Grassley and Senator Harkin, it is listened too.
- Email template to be sent all LMHC's and NAMI upon approval of Government Relations Chair
- James Finley, AMHCA associate director heavily involved and informative

Conference Committee Chair:

- Most all speakers received 5's and 6's, only keynote received a few 2's and 3's.
- Feedback on conference summarized – lots of positive feedback on the conference topics, organization, and professionalism. Consider having downloadable presenter materials on the website. Consider an automated response for registrants.
- Several suggestions on future presentations – DSM V repeated requests
- Consider quarterly networking night events
- Exploring the topic of Autism (Don has a contact), LGBTQ (Mandy Harris) and DSM 5 (Christy's contact for keynote), Des Moines Pastoral Counselor speaker on internship, I-I-TABS training, Hamilton Funeral home services on grief and loss.

Membership:

- 152 members at this time: 50 regular, 32 students, 1 retired, 69 unified with AMHCA as of July 30th, 2013
- Administer change for Facebook and Linked in: Katie Blair will be in charge of Facebook administration and Vicky Saloug for Linked in. Vicky administrative abilities on both.
- Ways to target other LMHC's: Email ideas to the membership chair (Vicky Saloug).

Ethics:

- Several interested in the position
- Refer to licensing board with complaints on therapists. Link to the website, where a complaint form is available.
- How to respond was addressed in the section about on emails

Publications Committee:

- Newsletter: Carol Hinman: The scheduled newsletter has not yet to be received for publication.
- Needs briefing on conference, letter from the President with goals, discussion on nominations, invitation to joining committees, writing to your congressman, membership reach out piece.

- Estimated date for the newsletter: latest by the end of the month, preferably two weeks.

Golf Fundraiser:

- We will clear over our cost
- 27 golfers at this point, need commitment by noon on Tuesday; payment can be made at the course on that day. Lunch will be provided on the course.
- Start time is 11 am, 10 am sign in
- Volunteers from 9:30 am through 1pm, varied times (Carol Hinman will be there the entire time for volunteering)
- Thank you to the donating individuals and organizations discussed

Treasurer Report –

- Report handed out
- All expenses have been paid to date including for the conference and the ending balance through today was \$3982
- Made approximately \$3000 on the conference
- Budget laid out for 2014 to be in total of 19073.42
 - Discussion on membership budget increase specifically from 500 dollars proposed to 1000 and Increase Leadership AMHCA training 3500 dollars
 - Heather Harris called to move and Christy Johnson called to second the amended budget proposal

Board issues reviewed:

- Past President runs elections and the nominations coordinator organizes the process for the Past President.
- The Nomination Coordinator sends out an email with the nominees and their descriptions of why they hope to become a board member with a deadline date for voting.
- Current President's appoint Ethics Chairs without a vote.

501-c3

- Currently a 501-c6. If we become a 501-c3 we can then take more donations if we move to this type of an association
- It will allow us for a bigger Golf Tournament next year
- Vote to move forward – Don Gilbert motioned, Sue Heitshusen 2nd, no opposing members in attendance, vote passed.

Midwest graduate student committee for AMHCA

- They are looking for a student to be a Midwest AMHCA student representative on the national level
- Sue Heitshusen will get the information to Drake University, she will send the same letter to UNI and Iowa programs.

Sue Heitshusen and Christy Johnston will go over the list of nominees (below) and decipher which are appointed and which are voted upon

- Nominations Committee – Sue is appointed as chair
- Awards Committee
- Membership committee members to do outreach and marketing
- Graduate Student committee
- Ethics Committee
- Conference Committee
- Marketing Committee

If you are interested in an open board position or serving on a committee please email the IMHCA board.

Future meeting Oct. 12