

Iowa Mental Health Counselors Association

Board meeting 10/12/13

Attendees:

Kristy Johnson- (President)	Present
Don Gilbert- (Treasurer)	Present
Amy Mooney- (Secretary)	Absent
Christy Johnston- (Conference Chair Committee)	Present
Kacey Peterson- (Government Relations Chair)	Absent
Carol Hinman- (Publication Committee Chair)	Present (via Skype)
Vicky Saulog (Membership chair)	Present
Jessica Romey- (Member at Large)	Present
Marty Wallace- (Member at large)	Absent
Heather Harris (Website Coordinator/ Public Relations Chair)	Absent
Katie Blair— (Student Representative)	Absent
Susan Heitshusen (Student Representative)	Present
Jessica Volk	Present
Chad Brownfield (Ethics Chair)	Present

Meeting notes :

Meeting was called to order at 9:08

- Christy Johnston made a motion to approve the minutes, Don seconded the motion
- Chad Brownfield welcomed as the new ethics chair
- Treasurer Report-Don Gilbert
 - **Golf brought in 5 2,515 cost with a profit of \$2287**
 - Current balance is 9,789.67
- Secretary Report-Amy Mooney was not present
- Public Relations/Web Coordinator Chair Update-Heather Harris not present. Kristy Johnson shared:
 - Job posting board- working to make the process less complex
 - Still in progress
- Government Relations Chair Update-Kacey Peterson
 - Update on sending letters to senators supporting Medicare/VA bills
 - Movement to hire Emily Piper--\$2500 for monitoring and legislative updates
 - Kacey Peterson motioned to hire Emily Piper, Susan H. seconded the motion and approved
- Conference Committee Chair Update-Christy Johnson
 - Title: DSM-V: Innovative Strategies for a New Age in Mental Health

- Currently arranging speakers:
 - Main Speaker-Gary Gintner
 - Expenses for Ginter - \$2500
 - 9 speakers arranged if all follow through:
 - Mandy Harris-LBGTQ topics
 - Elery Duke -Spirituality in Counseling
 - Teresa Barrett-Hoarding
 - Stacy Mitchell-Play therapy
 - Sasha Mudloff- grief and loss—not confirmed at this time
 - Meeting this Friday to discuss speakers
 - Kristy Johnson discussed whether to send thank you notes from IMHCA to show appreciation
 - Don Gilbert shared the concept topic of collaborative divorce for possible exhibit. Two attorneys, financial planner, and mental health professionals engaged in the process. Possibly not for this year but next year.

- Membership Chair Update-Vicky Saulog
 - **152 members**
 - **49 regular members**
 - **35 Student members**
 - **67 AMHCA unified members**
 - **1 retired member**
 - Katie Blair is sending an email to Drake students discussing IMHCA, the Facebook link, and sending letters to Congressmen
 - Currently coordinating speaker for Drake students. Sammi Noble was original speaker for Drake. Vicky to coordinate speakers.
 - Kristy Johnson-In general, it is important to communicate with IMHCA about speaking engagements to ensure proper communication.
 - Chad Brownfield to give Vicky contact information for University of Iowa and University of Northern Iowa
 - Kristy Johnson-on the Facebook/Linked In page, recommend to friends to “Like” or join. Invite your friends!
 - Katie Blair-discussed sending email to all members with links
 - When posting, add the IMHCA website link at the bottom
 - Kacey Peterson opened up discussion on the Supervision Board-in the future posting information on supervision/job board on Facebook to bring more people to the IMHCA website.
 - Brochures-reviewed brochures
 - Discussed student member section wording
 - Discussion of making it a mailer with address and stamp box

- Susan H. to explore a higher resolution logo
- Ethics Committee Chair Update-
 - Welcome to Chad Brownfield as the new Ethics Chair
- Public Committee Chair Up-date-Carol Hinman
- Next newsletter to come out in November
 - Write-ups from president, conference committee chair, and ethics chair with a deadline of 10/25/13
 - Also include information about legislation update
 - When finished, sent to Susan H to take to Staples for printing (first week in Nov.)
 - Volunteers will stuff with brochures, label, and place stamps before sending out
 - Christy Johnston to talk with Jessie/Jim about mail-merge list for the conference to use and then sent to Susan H.
 - Use color labels to determine members who need address updates
 - Send information to faculty members of universities to promote the conference
 - Advertisement costs for advertisements in the newsletters
 - Quarterly sent out, ad would be shown 3-4 times (January, April, July, and October)
 - July would include golf information
 - Quarter page \$25, half page \$50, full page \$75
 - Pay through check addressed to Don or through paypal
 - Katie Blair motioned to approve cost, to Vicky S. seconded, voted on and approved
 - Send out the next newsletter with conference information, golf dates, and brochure all at once
 - Kasey Peterson to have list of potential advertisers to Carol by this next week with advertisements to be submitted with a deadline of 10/20/13
 - Exhibitors will get free advertisement for this upcoming newsletter as well as 2014 for free
 - Carol Hinman to post/email the information relating to the ads for 2014
 - Kristy Johnson to scan copy of contacts to send out
 - Vicky S- IN GENERAL, submit changes in information to Kristy or Vicky know so that it can be posted
 - OVERALL Next Newsletter: to be sent out soon, 600 word limit, mailed out, including conference information to be sent out in January to all members/LMHCs (800 individuals)
- Nominations Committee Chair Update-Sue Heitshusen

- New Board Members
- Several individuals wanting to be on the ethics board-Kristy Johnson has been in contact with them. Information shared with Sue H.
- Susan H to send out spreadsheet with members to members of the board
 - Also communicate with Vicky when there are new board members/committee members
 - Jessica Volk and Katie Blair to reach out for individuals for a graduate student committee or help with membership, ethics, conference, 501C3 Committee, government relations, publications, events/fundraisers, nominations
 - 501C3 committee would work towards moving from C6 to C3. Obtaining this would help with donations for events. Volunteer would need to be someone who is detail oriented, positive typing skills, and availability of 10-20 hours. Would work with Don Gilbert and Carol Hinman. Goal- to be completed by end of the year.
 - Kristy-the treasurer at AMHCA would be willing to help with questions
 - Katie and Jessica to complete a 500 word write up on student member information/update
 - By-laws- Members at large on board, states these positions are staggered
 - Jessica and Marty to be determined by Kristy
 - President can appoint positions (non-officers) in the event that there is a lack of interest in positions
 - Student member positions-add that individuals must be actively in school but could complete term. Students up for consideration in the future to have faculty member complete a recommendation letter in addition to a biography write up.
 - Sue to send proposed changes to fix some unclear wording (members vs. representatives) and changes in student expectations. Sent to Don/Carol
 - In the future, could use survey monkey to find out other members' interests in various committees
- Student Member Update:
 - Nothing to report
- Ad-Hoc Committee
 - Golf fundraiser
 - Thank you notes to sign
 - Scholarship-\$500 for graduate student and 3- \$200 individuals for IMHCA conference registration and one student
 - Eligibility for student: member of IMHCA, application created, letter of recommendation by faculty member

- Eligibility for IMHCA conference: length of membership and letter of involvement, attended conference before
 - Publicized at the conference, stating it was funded by the golf fundraiser
 - Jessica, Katie, and Sue could complete the application process
 - Post reaching out to others about get involved
- New Business
 - Upcoming Board Meeting
 - Adjourn

Discussion of the web support and web hosting

Our upcoming meetings for IMHCA Board:

- Feb 1st, 2014
- April 14, 2014 (State conference)
- August 2nd, 2014
- October 11, 2014

We may want to add another meeting to discuss the golf outing (possible ..June 7th)

We will have the list of non-members that can be directed for recruitment to join IMHCA (this will appear on next meeting's agenda).

Meeting closed at 11:32 AM

Individual board members stayed after and completed thank you notes to all who donated for the golf fundraiser.