

Iowa Mental Health Counselors Association

Board meeting February 22, 2014 (9am)

Attendees:

Kristy Johnson- (President)	Present (via Skype)
Don Gilbert- (Treasurer)	Present
Amy Mooney- (Secretary)	Present
Christy Johnston- (Conference Chair Committee)	Present
Kacey Peterson- (Government Relations Chair)	Present
Jessica Romey- (Member at Large)	Present
Carol Hinman- (Publication Committee Chair)	Present (via Skype)
Susan Heitshusen - (Nominations Committee Chair)	Present
Chad Brownsfield - (Ethics Committee Chair)	Present (via Skype)
Vicky Saulog - (Membership Chair)	Present
Heather Harris- (Website Coordinator/Public Relations Chair)	Present
Katie Blair - (Student Representative)	Present
Jessica Volk - (Student Representative)	Present
Sharon Okerberg- (Visitor/ Counselor)	Present

Meeting started 9am:

- Agenda approved vote brought forward, 2nd and approval of minutes -*Approved*
- Minutes approved vote brought forward, 2nd and approval of minutes- *Approved*
- Membership report: Vicky Saulog reported current members at 187.
 - Amy Mooney brought up discussion of utilizing LinkedIn and Facebook to highlight IMHCA members each month. Highlighting members each month would be done with Facebook and LinkedIn. Katie Blair will put together a template that will be sent by Heather Harris. Heather Harris will shoot out email to members if they would like to be highlighted in IMHCA Linked In and Facebook. Kristy (President Elect) & Don (Treasurer) will be the first highlighted to launch new highlight of members.
 - Chad Brownsfield brought up a new program suggestion of IMHCA implementing Mentor program. Amy Mooney suggested using LinkedIn to promote this program. Mentors would need to be IMHCA member and licensed. Linked In would assist in connections and assist with networking individuals.

- President Elect report:
 - Kristy reports that web designer (Jenni Colsch) states that websites are being managed well by Heather Harris. A big thank you to Heather for her hard work on the website and assisting in keep it current. IMHCA website costs are down.
 - Kristy discussed two upcoming meetings with AMHCA. Open up to board members who would be able to be in on calls in March and April. Carol and Don volunteered to be in on conference call with other state chapters of AMHCA.
 - Kristy had query of Iowa Counselors through IMHCA being part of a report on counselor's practices. IMHCA declined.
 - Motion was make for the President and new President elect have funding for national AMHCA conference funding for airline, leadership AMHCA conference, and hotel.

- Treasurer's Report: Don reports all bills have been paid. Balance 18, 284.08. Check written for mailing & printing. This is the highest numbers in IMHCA history; this is due to state conference growth, membership growth, and the new fundraiser in 2013 IMHCA Golf Tournament.
 - Don discussed 503C3 status or independent development of no profit status. Kristy will discuss with Gale (Treasure of AMHCA) and report back to Don. Motion approved.
 - Treasures report: Approved.

- Website Report: Heather reported she has received multiple inquires requesting that links and other content be posted to the website. Discussed what is appropriate to post to the site and how to respond to such requests. Also, discussed what content is emailed to members and/or posted on the site.

- Legislative report & Licensing issues : Bill Status After First Legislative Funnel
 - **SF 2210:** This bill would have created a licensure program for art therapists under the purview of the Board of Behavioral Sciences. The bill failed to survive the funnel. IMHCA did not register on the bill but had strong concerns with the

impact that this could have on the mental health counselors status for reimbursement at the federal level. *Reasons for change in the position: To my knowledge, there is not an art therapy program in Iowa. Within the 60 credit hour programs for clinical mental health counseling, there is plenty of room for electives in areas related to art or music therapy. With the direction of Federal rules on Tricare, there is more and more of a push for one national accreditation body, CACREP, not other types of programs that muddy the waters.*

- **SF 2196:** This bill creates a healthcare workforce and retention initiative within the Department of Public Health. The bill passed the Senate Human Resources Committee. IMHCA is registered as undecided on the bill.
- **SF 2173:** This bill would require all school districts to establish protocols for suicide prevention and trauma informed care. In addition, it would require all school employees to be trained every two years in suicide prevention and trauma informed care. Finally it establishes an office of suicide prevention within the Department of Education. This bill was approved by the Senate Education Committee without changes. However, the subcommittee intends to draft an amendment for the floor that would move the Office of Suicide Prevention to the Department of Public Health and remove the provisions related to trauma informed care. IMHCA is currently registered as opposed to this bill because of the concern that it puts teachers in the position of treating mental health in students. The IMHCA position will be reviewed once the amendment is available.
- **HF 2245:** This bill would require all school districts to establish protocols for suicide prevention and trauma informed care. In addition, it would require all school employees to be trained every two years in suicide prevention and trauma informed care. Finally it establishes an office of suicide prevention within the Department of Education. The bill failed to survive the funnel. IMHCA is registered in opposition to the bill.
- **HF 2142:** This bill would require reimbursement by the state's behavioral health plan for mental health counselors operating with a temporary license. The bill failed to survive the funnel. IMHCA is registered in support of the bill.

- **HF 2015:** This bill would require a legislative interim committee to study professional licenses to determine if they are still relevant and what, if any, impediments the state's licensure program limits entry into the profession. The bill was amended by the House Human Resources Committee to eliminate the nursing and medical boards. IMHCA is registered as undecided on the bill.
- *Working with Emily and IAMFT to schedule a meeting with IDPH regarding scope of provisionally licensed individuals (reasons for a TL not related to turf protection by LMHCs and LMFTs), reimbursement and funding services (tie in with loan forgiveness – possible partnership with IASW), restrictions to expansion of MH providers in rural counties given lack of referral and reimbursement (third-party payers) and impact on skill level when receiving independent licensure.*
- *Discuss with Emily: Working with members of the committee to identify potential legislation to advance opportunities for private practices and individuals seeking expansion of services (overcoming barriers currently in place with Magellan), barriers for LMHC-TLs related to compensation (no private insurance funding, limiting opportunities for rural consumers to receive services), equal recognition for LMHCs and LMFTs with LMSWs.*
 - **HSB 525:** This bill would require school employees to undergo training on bullying and suicide prevention. It was amended by the House Education Committee striking all references to suicide prevention. IMHCA is registered as undecided on the bill.
- The annual IMHCA conference report: Christy Johnston
 - Report the annual IMHCA conference APRIL 14-15. Early registration March 1st. 54 Registered currently as of 2/22/14
 - A large flow of students are asking to volunteer for the state conference.
 - The brochure was complete and looks nice. Thank you Kristy.
- Newsletter: Carol (via Skype):
 - Goal of quarterly newsletter. Next one coming out will be March.
 - Discussion of printing newsletter out and having for each member in packets for state conference. Newsletter will be printed for Conference.
- Ethics Report: Chad (via Skype):

- Chad reported that the University Northern Iowa will not call back.
- Ethics 3 CEU at State Conference
- Ethics 6 CEU with AMHCA online (webinar) 139\$
- CACREP standards closed feedback session on standards. CACREP is revising standards for schools.
- National Health Services loan repayment is open for LMHC. They are offering loan repayment.
- Scholarship Committee: Sue
 - No submissions for scholarship for state conference.
 - No scholarship applications for 2014.
 - At state conference suggestion by Sue that IMHCA have a drawing for 3 people to attend next conference of 2015.
 - Nominations to the board process and timeline. New board Members will take office first of July. Open positions Member at Large, Jessica will continue another year 2015, president elect, student member, public relations chair, marketing communications chairs, web coordinator. Treasurer position is up. Secretary position is up. Don would like to put in nomination for president elect. Carol would like to also be president elect.
 - President elect means: President elect for one year, President for two years, and past president for one year (4 years total commitment).

President: A motion by Kristy Johnson was made to pay expenses & send the president and president elect to the national conference in Seattle this July. To gain clarification, Kristy asked Erik (past president) to confirm what is all typically paid for, for the president and president elect. He stated "transportation, meal, leadership training, and hotel during only the leadership training". The board should set a per diem for meals. I don't think we covered meals in the past but we really should. Much of the food is provided during leadership for lunch or continental breakfast or dinner on the leadership outing." Also just to clarify, no one is in the president elect role. This would be someone coming in during the election process.

Since quorum was not present at the end of the meeting this vote was sent via email. Vote -

Approved

Conclusion of meeting.

NEXT MEETINGS:

- April 14th, 2014- State Conference
- June 7th, 2014
- August 2nd, 2014
- October 11th, 2014
- **MARK YOUR CALENDARS FOR THE JOINT IAMFT/IMHCA LEGISLATIVE DAY
MONDAY, MARCH 24; 2:00 PM -- MEET AT THE 6TH FLOOR LUCAS
CAFETERIA FOR BRIEFING**