

IMHCA BOARD MEETING MINUTES

April 11, 2016

12 pm to 1pm

Attendees:

Don Gilbert (President)	Present
Kristy Johnson- (Past President)	Present
Courtney Ackerson (Treasurer)	Present
Jessica Romey- (Secretary)	Present
Open Position- (Fund Raising Committee Chair)	-
Sue Heitshusen- (Conference Chair Committee)	Present
Kacey Peterson- (Government Relations Chair)	Present
Kenneth Cameron- (Co-Chair Government Relations)	Present
Kyla Loucks- (Networking and Communication Chair)	Present
Carol Hinman- (Publication Committee Chair)	Present
Leanna Brady - (Ethics Committee Chair)	Present
Jason Stark- (Website Coordinator)	Present
Jessica Volk - (Membership Chair)	Present
Open- (Nominations Committee Chair)	-
Connie Frank – (Member at Large)	Present
Katie Blair - (Member at Large)	Absent
Emily Michner -(Student Representative)	Absent
Dawn Wirtz (Student Representative)	Present
All members in attendance to the conference	Present

- I. Call to order— 12:27 p.m. by Don Gilbert
- II. Acceptance of Agenda
 - Consensus
- III. Approval of minutes from 01/25/16 board meeting
 - Approved by email
- IV. President Report-Don Gilbert
 - Thank you to all, great turn out, over 200 present. Thank you to Sue Heitshusen as the Conference Chair.
 - Thank you to all of our sponsors and what they help us with.
 - Open Positions available on the IMHCA board
 - Nominate yourself or someone else for a position via our website

- Don't let travel stop you from being a part of the board! We skype for board members as well, so if you cannot make it to the Ankeny location for the meeting, you can still be present and on the board through Skype.
- Look for black ribbon on name card here at the conference if you have interest in volunteering or getting involved.
- As a volunteer we help by providing leadership trainings; work to provide educational scholarships and conference scholarships; we learn about upcoming changes in mental health on the state and federal level; we advocate for mental health counselors as well as their clientele.
- Volunteers can be board members or help in many other ways including being on the conference training team or the golf tournament volunteer team to help raise the money needed for scholarships, trainings, and growing IMHCA.
- AMHCA, separate entity from ACA has an upcoming national conference in July 2016. This year is located in New Orleans.
 - 72 unified members, AMHCA and IMCHA. This is helping at the national level, paying those dues for lobbying at a national level aids in LMHC's having a voice nationally and legislatively.
- 21 percent gain in membership. Goal to reach 400 members for IMHCA. A challenge to get your LMHC colleagues to join and help us move forward with serving as LMHC's, growing, and having a voice in legislation.
- We are just beginning, everybody needs CE's 13.5 available here, encourage attendance with colleagues.
- Rebuilding and rebooting website. Opportunity and to add value to the membership!

V. Treasurer Report- Courtney Ackerson

- **Treasurer's Report**

- January 2016 starting balance \$27,962.70

Income:	
PayPal registration and new member fees	14,610.29
Deposits from registrations by mail for the conference	6,884.00
Pending PayPal transfer for registrations and new member fees	7,859.06
Total	21,702.29
Withdrawals:	

Iowa Board Certification for CEUs for the conference	270.00
Yearly fee that Don covered and was reimbursed for	150.00
Piper Consulting Services	2,500.00
Two refunds for conference registrations	280.00
Reimbursement from last year's AMHCA conference to attendees	1157.20
Heuss printing – multiple payments for printing services	1191.52
Total	5,398.72
Total current available balance as of 4/11/16	42,181.82
Total with pending deposit amount	50,040.88

VI. Secretary Report-Jessica Romey

- No report

VII. Past President – Kristy Johnson

- See Don's report

VIII. Web Coordinator Chair Update-Jason Stark

- website update
 - Very soon we will have a new website...hopefully this week or soon after.

IX. Government Relations Chair Update - Kacey Peterson

- Emily Piper legislation:
 - First of all, successful day on the hill March 7th. Met with specific legislators that day, and good feedback from that experience. Great way to have a voice with your profession. Agreed on joint budgets, tight budget, not much new money. Not unveiled yet. Move to full managed care: used to get a range. Now with three companies it will be a static number in the budget. If completely out of whack with needs, cut backs will be limit access or limit reimbursement (which limits access in the end too). Ongoing concern. Poorly managed, might not be a bad thing. Medicaid improvement oversight to guide, this may now being actually happening, are we meeting goals or deterring providers. Please get concerns to the board so we can address them. Iowa had a restrictive medical record sharing rules, it was impeding care, lack of ease to share records, especially within hospital settings from one part of the same hospital to another, changes signed into law more latitude to share medical records and coordinate care more effectively.
- Rural Iowa, Licensed psychologists with a PhD to Undergo training to prescription writing. Will this help? It's really the folks in these areas are ARNP's PA's family

Doctors, counselors. More than Phd. Folks. An argument, psychologists spend more time with the client than psychiatrists, pro of them prescribing. Fear that they will move away from the longer sessions and go towards “med checks” which isn’t helpful. Issues here??

- Some issues to note about costs: 18 counties under average funding, floor and ceiling budgets, less services with less funding. No one likes to raise taxes in an election year!

X. Conference Committee Chair Update - Sue

- Excellent turn out

XI. Membership Chair Update-Jessica Volk

- See Don’t report

XII. Ethics Committee Chair Update

- No update

XIII. Publications Committee Chair Update

- No update

XIV. Nominations Committee Chair Update-

- Update- Julie Hewitt (New Chair)

XV. Member at Large Update-Connie Frank and Katie Blair

- No update

XVI. Student Member Update-Dawn Wirtz

- Open position

XVII. Fundraising Committee Chair update-

- See Don’s report

XVIII. 501c3

- Submitted information to IRS

XIX. Networking and Communications Chair – Kyla Loucks

- No update

XX. New Business

- Upcoming Board Meetings: 7/9/16, 10/1/16

XXI. Old Business

- Automatic renewal IMHCA membership yearly?
- To revisit: Assessment tools sent out to members via email, refer to facebook? (Carol)
- Bylaws update (Carol)

XXII. Adjourn Motion to Adjourn

- Motion by Kenneth Cameron and seconded by Kyla Loucks. All approved, none opposed.