

IOWA MENTAL HEALTH COUNSELORS  
ASSOCIATION  
12th ANNUAL CONFERENCE

**CONFERENCE SCHEDULE**

**Thursday, May 3:**

7:15-8:15 a.m.: Registration & Breakfast  
8:15-8:45 a.m.: Welcome & Opening Remarks  
8:45 a.m.-12:00 p.m.: Breakout Session #1  
12:00-1:30 p.m.: Lunch & Annual Board Meeting  
1:30-3:00 p.m.: Breakout Session #2  
3:15-4:45 p.m.: Breakout Session #3  
4:45 p.m.: Networking

**Friday, May 4:**

7:30-8:30 a.m.: Registration & Breakfast  
8:30-8:45 p.m.: Opening Remarks  
8:45 a.m.-12:00 p.m.: Breakout Session #1  
12:00-1:00 p.m.: Lunch  
1:00-2:30 p.m.: Breakout Session #2  
2:45-4:15 p.m.: Breakout Session #3  
4:15 p.m.: End of program

**HOTEL INFORMATION**

The 12th Annual IMHCA Conference will be at the **Holiday Inn Des Moines—Airport Conference Center**, which is located at 6111 Fleur Drive in Des Moines. **Mention the IMHCA Conference to receive a REDUCED ROOM RATE (\$99.00) at Holiday Inn if reserved by April 13th!** For reservations, call (515) 287-2400.

**ADDITIONAL INFORMATION**

For additional information, including descriptions of the breakout sessions, please visit the IMHCA website at <http://imhca.net>. Still have questions? Please contact Christy Johnston: (515) 556-8933, [conference@imhca.net](mailto:conference@imhca.net).

*IMHCA is a 501(c)(6) corporation. TID: 42-1491022  
IMHCA Foundation is a 501(c)(3) organization.  
EIN # 81-2708164*

**Need a scholarship?  
Please contact [nominations@imhca.net](mailto:nominations@imhca.net)  
for details.**

Iowa Mental Health Counselors Association  
12th Annual Conference  
c/o Courtney Ackerson  
979 26th St  
Des Moines, IA 50312

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Iowa Mental  
Health  
Counselors  
Association

12th Annual  
Conference:  
**The Challenge  
of Change**

**Thursday, May 3 -  
Friday, May 4, 2018**

**Holiday Inn Des Moines—  
Airport Conference Center  
6111 Fleur Drive  
Des Moines, Iowa 50321**

### **BREAKOUT OPTIONS AND CE'S: MAY 3**

#### **Breakout Session #1 (3 CE's):**

**1A:** *Right vs. Right: Practice Through Ethical Dilemmas* by Wade Leuwerke (PhD)

**1B:** *Gay Alliance SafeZone* by Jacalyn McCarville (LMHC) and Anita J. Van Dyke (LMHC, CADC, NCC)

**1C:** *Treating Eating Disorders* by Erica Lutz Bobst (LMHC, RN) and Sue Clarahan (RD, LD, CEDRD)

#### **Lunch & Annual Board Meeting (1 CE, LMHC's only)**

#### **Breakout Session #2 (1.5 CE's):**

**2A:** *Deciphering Connection: Exploring the Building Blocks of Our Therapeutic Alliance—Part 1* (continued in Breakout 3A) by Carlos Canales (PsyD, CGP)

**2B:** *Integrating Mindfulness and Creative Play in Trauma and Therapy Work* by Emily Gordon (LMHC, LCPC) and Miriam Prichard (LMHC)

**2C:** *Legislative Update* by Kacey Peterson (MS, LMHC) and Emily Piper

#### **Breakout Session #3 (1.5 CE's):**

**3A:** *Deciphering Connection: Exploring the Building Blocks of Our Therapeutic Alliance—Part 2* (continued from Breakout 2A) by Carlos Canales (PsyD, CGP)

**3B:** *Assessment and Treatment of Trauma* by Michele Lundstrom (MA, LMHC, NCC) and Rachel Saenger (MA, LPC-S, LMFT-S)

**3C:** *Supervision: Considerations for Supervision of Counselors* by Amy Mooney (PhD, LMHC, NCC, ACS)

### **BREAKOUT OPTIONS AND CE'S: MAY 4**

#### **Breakout Session #1 (3 CE's):**

**1A:** *Saving Our Boys to Save Our Girls* by Stefania Agliano (LMSW) and Bryan Hall (LCSW)

**1B:** *Supervision: Pitfalls, Practice and Process* by Don Gilbert (PhD, MS, LMHC, APA) and Erik Oostenink (MA, LMHC)

**1C:** *Assessment & Treatment of Eating Disorders in an Outpatient Setting* by Brandi Stalzer (LIMHP, LPC)

**Join IMHCA and save! Enjoy the benefits of membership, including discounted registration for the IMHCA Conference. Learn more at <http://imhca.net>.**

### **BREAKOUT OPTIONS AND CE'S: MAY 4 (cont.)**

#### **Breakout Session #2 (1.5 CE's):**

**2A:** *Opioid Addiction—Part 1* (continued in Breakout 3A) by Patricia Miller (MsED, LCPC, LMHC, CCMHC)

**2B:** *Working With Adolescents Who Identify as Transgender: More Than Just a Diagnosis and Therapy* by Adam Lewis (LISW, MSW)

**2C:** *Family Whispering: Parents & Teens “Work Through” with the Power of T-A-D—Part 1* (Continued in Breakout 3C) by Warren Phillips (PhD)

#### **Breakout Session #3 (1.5 CE's):**

**3A:** *Opioid Addiction—Part 2* (continued from Breakout 2A) by Patricia Miller (MsED, LCPC, LMHC, CCMHC)

**3B:** *Sexually Offending in Children: Children Who Molest vs. Sexually Reactive* by Matthew Royster (MA, LMHC, SOTP II)

**3C:** *Family Whispering: Parents & Teens “Work Through” with the Power of T-A-D—Part 2* (continued from Breakout 2C) by Warren Phillips (PhD)

#### **CREDENTIALS**

**CE's:** IMHCA determined that this conference meets the criteria for the Iowa Board of Behavioral Science Examiners and the Iowa Board of Social Work Examiners for 13 hours continuing education for mental health counselors and 12 hours continuing education for marriage and family therapists and social workers.

Iowa Mental Health Counselors Association (IMHCA) is an Approved Continuing Education Provider (ACEP) through the Nation Board for Certified Counselors (NBCC Provider #2060)



**ATTN NCC's:** This conference is approved by IMHCA (NBCC Provider #2060) for 13.0 CE contact hours (1.3 CEU's) including 3.0 contact hours of Ethics.

**CADC/IBC:** The Iowa Board for Certification has approved this conference for 12 CE contact hours (Category A: Counseling Theories or Generic).

**CRCC/CRCC:** The Commission on Rehabilitation Counselor Certification has approved this conference for 12 CE contact hours (Content Area 01: General Content).

#### **REGISTRATION**

Register **ONLINE** at [www.imhca.net](http://www.imhca.net) or complete and mail the following registration form.

<b>Registration Fees</b>	<b>Early:</b>	<b>After 3/19:</b>
<input type="checkbox"/> <b>Member 2 Days</b>	<b>200.00</b>	<b>240.00</b>
<input type="checkbox"/> <b>Member 1 Day</b>	<b>170.00</b>	<b>210.00</b>
<input type="checkbox"/> <b>Non-Member 2 Days</b>	<b>295.00</b>	<b>335.00</b>
<input type="checkbox"/> <b>Non-Member 1 Day</b>	<b>265.00</b>	<b>305.00</b>
<input type="checkbox"/> <b>Joining Now 2 Days</b>	<b>265.00</b>	<b>305.00</b>
<input type="checkbox"/> <b>Joining Now 1 Day</b>	<b>235.00</b>	<b>275.00</b>
<input type="checkbox"/> <b>Student 2 Days</b>	<b>130.00</b>	<b>150.00</b>
<input type="checkbox"/> <b>Student 1 Day</b>	<b>110.00</b>	<b>130.00</b>

**After 04/24/18 Add \$50.00 Late Fee**

**TOTAL:** \_\_\_\_\_

#### **Select Breakout Sessions for day(s) attending:**

##### **Thursday, May 3, Breakout Sessions**

<input type="checkbox"/> <b>1A</b>	<input type="checkbox"/> <b>1B</b>	<input type="checkbox"/> <b>1C</b>
<input type="checkbox"/> <b>2/3A</b>	<input type="checkbox"/> <b>2B</b>	<input type="checkbox"/> <b>2C</b>
<input type="checkbox"/> <b>2/3A</b>	<input type="checkbox"/> <b>3B</b>	<input type="checkbox"/> <b>3C</b>

##### **Friday, May 4, Breakout Sessions**

<input type="checkbox"/> <b>1A</b>	<input type="checkbox"/> <b>1B</b>	<input type="checkbox"/> <b>1C</b>
<input type="checkbox"/> <b>2/3A</b>	<input type="checkbox"/> <b>2B</b>	<input type="checkbox"/> <b>2/3C</b>
<input type="checkbox"/> <b>2/3A</b>	<input type="checkbox"/> <b>3B</b>	<input type="checkbox"/> <b>2/3C</b>

#### **Method of Payment: (Payable to IMHCA)**

**Check Enclosed**    **Purchase Order Enclosed**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Dietary Needs:** \_\_\_\_\_

Please send registration forms and payment to:

**Iowa Mental Health Counselors Association**

**12th Annual Conference**

c/o Courtney Ackerson

979 26th St

Des Moines, IA 50312