CONFERENCE SCHEDULE

Thursday, May 16:
7:30-8:15 a.m.: Registration & Breakfast
8:15-8:30 a.m.: Welcome & Opening Remarks
8:30-11:45 a.m.: Breakout Session #1
11:45 a.m.-1:15 p.m.: Lunch & Annual Board Mtg
1:15-2:45 p.m.: Breakout Session #2
3:00-4:30 p.m.: Breakout Session #3
4:30 p.m.: Networking

Friday, May 17:
7:45-8:15 a.m.: Registration & Breakfast
8:15-8:30 p.m.: Opening Remarks
8:30-11:45 a.m.: Breakout Session #4
11:45 a.m.-12:45 p.m.: Lunch
12:45-2:15 p.m.: Breakout Session #5
2:30-4:00 p.m.: Breakout Session #6

HOTEL INFORMATION

The 13th Annual IMHCA Conference will be at the Stoney Creek Hotel and Conference Center, which is located at 5291 Stoney Creek Court in Johnston. Mention the IMHCA Conference to receive a REDUCED ROOM RATE ($99.00) at Stoney Creek if reserved by May 1! For reservations, call (515) 334-9000.

ADDITIONAL INFORMATION

For additional information, including descriptions of the breakout sessions, please visit the IMHCA website at http://imhca.net. Still have questions? Please contact Christy Johnston: (515) 556-9833, imhcaconference@gmail.com.

REFUND POLICY: Refunds are limited to conference fees paid only. Refunds do not include any travel, lodging, transportation, or other fees paid independently of conference registration. On-site conference registration fees and no-shows are non-refundable. To qualify for a full refund of registration fees paid less a $50 administrative fee, a written cancellation must be received by the IMHCA treasurer no later than 11:59 PM CST on May 2, 2019. Absolutely NO refunds will be given after May 2, 2019. Cancellation and refund requests should be sent via email to treasurer.imhca@gmail.com.

IMHCA is a 501(c)(6) corporation. TID: 42-1491022
IMHCA Foundation is a 501(c)(3) organization.
EIN # 81-2708164
BREAKOUT OPTIONS AND CE’S: MAY 16

Breakout Session #1 (3 CE’s):
1A: Promoting Social and Racial Justice: The Impact of Institutionalized Racism on Youth and Families by Stefania M. Agliano (LMSW), Bryan Hall (LCSW)
1B: A Principle Centered Approach to Couples Therapy: A Multi-dimensional Framework, Ten Practical Habits Within a Principle Centered Approach by Donald Gilbert (Ph.D., LMHC, BCPC)

Lunch & Annual Board Meeting (1 CE, LMHC’s only)

Breakout Session #2 (1.5 CE’s):
2A: You Don’t Know Me: Therapeutic Alliance with Challenging Youth by Casey Baker (Ed.D., LMHC, RPT, NCC), Nathan Otten (M.S., LMHC), Lynn O’Brien (M.S., Licensed School Counselor), Hannah Appleseth (B.A.)
2B: Trauma and Addiction by Jennifer D. Gauerke (LMHC, CADC, CCTP), Cora Drew (LMFT, CADC)
2C: Connections!! Using Neuroscience in Counseling and Supervision by Darcie Davis-Gage (Ph.D., LMHC)

Breakout Session #3 (1.5 CE’s):
3A: Why We Play and What It Means by Susin Bredice (LISW)
3B: Inclusivity in Tough Environments by Breanne Ward (CRC, LMHC), JaCarie Owens (M.S., LMHC)
3C: Behavioral Health Interventions for the Treatment of Chronic Pain by Carol Hinman (Ph.D., LMHC)

BREAKOUT OPTIONS AND CE’S: MAY 17

Breakout Session #4 (3 CE’s):
4B: Helping Couples Overcome Infidelity by Angela Skurtu (M.Ed., LMFT, AASECT Certified Sex Therapist)
4C: Why are you really here? Identifying and Working Through Transference in Psychotherapy by Carlos Canales (Psy.D., CGP, SEP), Deana Schuplin (LMHC, IADC), Michelle Pfeifer (LMHLP)

Join IMHCA and save! Enjoy the benefits of membership, including discounted registration for the IMHCA Conference. Learn more at http://imhca.net.

BREAKOUT OPTIONS AND CE’S: MAY 17 (cont.)

Breakout Session #5 (1.5 CE’s):
5A: The Mirror of Social Media: Ethical Reflections by John Wadsworth (Ph.D., CRC), Noel Estrada-Hernández (Ph.D., CRC), Jennifer Sánchez (Ph.D., CRC)
5B: Twice Exceptionality: Diagnosis, Assessment, and Treatment by Tracie Self, (M.A., LMHC), Casey Shulite (B.S.), Kelvin Mackey (B.A.)
5C: Making the Most of Your Temporary License by Amy Hawcott (LMFT), Kristen Buttermore (LMHC)

Breakout Session #6 (1.5 CE’s):
6A: Ethics! Ethics! Read All About It! by Susan Meyerle (Ph.D., LMHHP, CEAP)
6B: The Health at Every Size Paradigm to Prevent and Treat Eating Disorders by Catherine Wilson-Gillespie (Ph.D.), Corinne Harvey (B.A.)
6C: Do Communication Patterns About Mental Health Affect the Likelihood of College-Aged Individuals to Seek Out Mental Health Care? by Casey Baker (Ed.D., LMHC, RPT, NCC), Hannah Appleseth (B.A.)

REGISTRATION
Register ONLINE at www.imhca.net or complete and mail the following registration form.

Registration Fees

<table>
<thead>
<tr>
<th>Method of Payment</th>
<th>Before Early Bird Deadline: 04/02/19</th>
<th>After Early Bird Deadline: 05/08/19</th>
</tr>
</thead>
<tbody>
<tr>
<td>Member 2 Days</td>
<td>200.00</td>
<td>240.00</td>
</tr>
<tr>
<td>Member 1 Day</td>
<td>170.00</td>
<td>210.00</td>
</tr>
<tr>
<td>Non-Member 2 Days</td>
<td>295.00</td>
<td>335.00</td>
</tr>
<tr>
<td>Non-Member 1 Day</td>
<td>265.00</td>
<td>305.00</td>
</tr>
<tr>
<td>Joining Now 2 Days</td>
<td>265.00</td>
<td>305.00</td>
</tr>
<tr>
<td>Joining Now 1 Day</td>
<td>235.00</td>
<td>275.00</td>
</tr>
<tr>
<td>Student 2 Days</td>
<td>130.00</td>
<td>150.00</td>
</tr>
<tr>
<td>Student 1 Day</td>
<td>110.00</td>
<td>130.00</td>
</tr>
</tbody>
</table>

TOTAL: $_____________________

Select Breakout Sessions for day(s) attending:

Thursday, May 16

<table>
<thead>
<tr>
<th>Breakout Session</th>
<th>1A</th>
<th>1B</th>
<th>1C</th>
</tr>
</thead>
<tbody>
<tr>
<td>5A</td>
<td>2A</td>
<td>2B</td>
<td>2C</td>
</tr>
<tr>
<td>4A</td>
<td>3A</td>
<td>3B</td>
<td>3C</td>
</tr>
</tbody>
</table>

Friday, May 17

<table>
<thead>
<tr>
<th>Breakout Session</th>
<th>4A</th>
<th>4B</th>
<th>4C</th>
</tr>
</thead>
<tbody>
<tr>
<td>5B</td>
<td>5A</td>
<td>5B</td>
<td>5C</td>
</tr>
<tr>
<td>3A</td>
<td>6A</td>
<td>6B</td>
<td>6C</td>
</tr>
</tbody>
</table>

Method of Payment: (Payable to IMHCA)
☐ Check Enclosed
☐ Purchase Order Enclosed

Name:__________________________
Address:_______________________
City/State/Zip:_________________
Phone:_______________________
Email:_______________________
Dietary Needs:_________________

Please send registration forms and payment to:
Iowa Mental Health Counselors Association
c/o Courtney Ackerson
979 26th St
Des Moines, IA 50312