

CONFERENCE SCHEDULE

Thursday, May 16:

7:30-8:15 a.m.: Registration & Breakfast
8:15-8:30 a.m.: Welcome & Opening Remarks
8:30-11:45 a.m.: Breakout Session #1
11:45 a.m.-1:15 p.m.: Lunch & Annual Board Mtg
1:15-2:45 p.m.: Breakout Session #2
3:00-4:30 p.m.: Breakout Session #3
4:30 p.m.: Networking

Friday, May 17:

7:45-8:15 a.m.: Registration & Breakfast
8:15-8:30 p.m.: Opening Remarks
8:30-11:45 a.m.: Breakout Session #4
11:45 a.m.-12:45 p.m.: Lunch
12:45-2:15 p.m.: Breakout Session #5
2:30-4:00 p.m.: Breakout Session #6

HOTEL INFORMATION

The 13th Annual IMHCA Conference will be at the **Stoney Creek Hotel and Conference Center**, which is located at 5291 Stoney Creek Court in Johnston. **Mention the IMHCA Conference to receive a REDUCED ROOM RATE (\$99.00) at Stoney Creek if reserved by May 1!** For reservations, call (515) 334-9000.

ADDITIONAL INFORMATION

For additional information, including descriptions of the breakout sessions, please visit the IMHCA website at <http://imhca.net>. Still have questions? Please contact Christy Johnston: (515) 556-8933, imhcaconference@gmail.com.

REFUND POLICY: Refunds are limited to conference fees paid only. Refunds do not include any travel, lodging, transportation, or other fees paid independently of conference registration. On-site conference registration fees and no-shows are non-refundable. To qualify for a full refund of registration fees paid less a \$50 administrative fee, a written cancellation must be received by the IMHCA treasurer no later than 11:59 PM CST on May 2, 2019. Absolutely NO refunds will be given after May 2, 2019. Cancellation and refund requests should be sent via email to treasurer.imhca@gmail.com.

IMHCA is a 501(c)(6) corporation. TID: 42-1491022
IMHCA Foundation is a 501(c)(3) organization.
EIN # 81-2708164

**Order your Raygun T-shirt when you register!
IT'S OK NOT TO BE OK.**

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Iowa Mental Health Counselors Association
c/o Courtney Ackerson
979 26th St
Des Moines, IA 50312



Iowa Mental
Health
Counselors
Association

13th Annual Conference: Tackling Tough Topics

**Thursday, May 16 -
Friday, May 17, 2019**

**Stoney Creek Hotel and
Conference Center
5291 Stoney Creek Court
Johnston, Iowa 50131**

BREAKOUT OPTIONS AND CE'S: MAY 16

Breakout Session #1 (3 CE's):

1A: *Promoting Social and Racial Justice: The Impact of Institutionalized Racism on Youth and Families* by Stefania M. Agliano (LMSW), Bryan Hall 11 (LCSW)

1B: *A Principle Centered Approach to Couples Therapy: A Multi-dimensional Framework, Ten Practical Habits Within a Principle Centered Approach* by Donald Gilbert (Ph.D., LMHC, BCPC)

1C: *The Heart of Addiction: An Emerging Paradigm for Understanding Addiction* by Jack Perkins (D.Min., M.Div., LADC)

Lunch & Annual Board Meeting (1 CE, LMHC's only)

Breakout Session #2 (1.5 CE's):

2A: *You Don't Know Me: Therapeutic Alliance with Challenging Youth* by Casey Baker (Ed.D., LMHC, RPT, NCC), Nathan Otten (M.S., LMHC), Lynn O'Brien (M.S., Licensed School Counselor), Hannah Appleseth (B.A.)

2B: *Trauma and Addiction* by Jennifer D. Gauerke (LMHC, CADC, CCTP), Cora Drew (LMFT, CADC)

2C: *Connections!! Using Neuroscience in Counseling and Supervision* by Darcie Davis-Gage (Ph.D., LMHC)

Breakout Session #3 (1.5 CE's):

3A: *Why We Play and What It Means* by Susin Bredice (LISW)

3B: *Inclusivity in Tough Environments* by Breanne Ward (CRC, LMHC), JaCarie Owens (M.S., LMHC)

3C: *Behavioral Health Interventions for the Treatment of Chronic Pain* by Carol Hinman (Ph.D., LMHC)

BREAKOUT OPTIONS AND CE'S: MAY 17

Breakout Session #4 (3 CE's):

4A: *Emotionally Intelligent Counseling: Transforming Emotional Energy into Meaningful Action* by Warren Phillips (Ph.D.), Kimberly Phillips (B.S.)

4B: *Helping Couples Overcome Infidelity* by Angela Skurtu (M.Ed., LMFT, AASECT Certified Sex Therapist)

4C: *Why are you really here? Identifying and Working Through Transference in Psychotherapy* by Carlos Canales (Psy.D., CGP, SEP), Deana Schuplin (LMHC, IADC), Michelle Pfeifer (LIMHP)

Join IMHCA and save! Enjoy the benefits of membership, including discounted registration for the IMHCA Conference. Learn more at <http://imhca.net>.

BREAKOUT OPTIONS AND CE'S: MAY 17 (cont.)

Breakout Session #5 (1.5 CE's):

5A: *The Mirror of Social Media: Ethical Reflections* by John Wadsworth (Ph.D., CRC), Noel Estrada-Hernández (Ph.D., CRC), Jennifer Sánchez (Ph.D., CRC)

5B: *Twice Exceptionality: Diagnosis, Assessment, and Treatment* by Tracie Self, (M.A., LMHC), Casey Shulte (B.S.), Kelvin Mackey (B.A.)

5C: *Making the Most of Your Temporary License* by Amy Hawcott (LMFT), Kristten Buttermore (LMHC)

Breakout Session #6 (1.5 CE's):

6A: *Ethics! Ethics! Read All About It!* by Susan Meyerle (Ph.D., LIMHP, CEAP)

6B: *The Health at Every Size Paradigm to Prevent and Treat Eating Disorders* by Catherine Wilson Gillespie (Ph.D.), Corinne Harvey (B.A.)

6C: *Do Communication Patterns About Mental Health Affect the Likelihood of College-Aged Individuals to Seek Out Mental Health Care?* by Casey Baker (Ed.D., LMHC, RPT, NCC), Hannah Appleseth (B.A.)

CREDENTIALS

CE's: IMHCA determined that this conference meets the criteria for the Iowa Board of Behavioral Science Examiners and the Iowa Board of Social Work Examiners for 12 hours continuing education for mental health counselors, marriage and family therapists, and social workers.



Iowa Mental Health Counselors Association (IMHCA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2060. Programs that do not qualify for NBCC are clearly identified. IMHCA is solely responsible for all aspects of the program.

ATTN NCC's: This conference is approved by IMHCA (NBCC Provider #2060) for 12.0 CE contact hours (1.2 CEU's) including 3.0 contact hours of Ethics.

CADC/IBC: The Iowa Board for Certification has approved this conference for 12.25 CE contact hours (Category A: Counseling Theories or Generic).

CRC/CRCC: The Commission on Rehabilitation Counselor Certification has been asked to approve this conference for 12 CE contact hours (Content Area 01: General Content).

REGISTRATION

Register **ONLINE** at www.imhca.net or complete and mail the following registration form.

Registration Fees	Early:	After 04/02/19:
<input type="checkbox"/> Member 2 Days	200.00	240.00
<input type="checkbox"/> Member 1 Day	170.00	210.00
<input type="checkbox"/> Non-Member 2 Days	295.00	335.00
<input type="checkbox"/> Non-Member 1 Day	265.00	305.00
<input type="checkbox"/> Joining Now 2 Days	265.00	305.00
<input type="checkbox"/> Joining Now 1 Day	235.00	275.00
<input type="checkbox"/> Student 2 Days	130.00	150.00
<input type="checkbox"/> Student 1 Day	110.00	130.00

After 05/08/19 Add \$50.00 Late Fee

Add a T-shirt from Raygun to my order (add \$23):

Must register by MAY 1 for t-shirt!

Fitted T ___S ___M ___L ___XL

Unisex ___S ___M ___L ___XL

___XXL ___XXXL



TOTAL: \$ _____

Select Breakout Sessions for day(s) attending:

Thursday, May 16			Friday, May 17		
___1A	___1B	___1C	___4A	___4B	___4C
___2A	___2B	___2C	___5A	___5B	___5C
___3A	___3B	___3C	___6A	___6B	___6C

Method of Payment: (Payable to IMHCA)

Check Enclosed **Purchase Order Enclosed**

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Dietary Needs: _____

Please send registration forms and payment to:
Iowa Mental Health Counselors Association
c/o Courtney Ackerson
979 26th St
Des Moines, IA 50312