



Iowa Mental Health Counselors Association

Meeting/Project Name:	IMHCA Board of Directors Meeting		
Date of Meeting:	11/04/17	Time keeper:	Time: 9:00 a.m. – 12:30 p.m.
Minutes Prepared By:	Kenya Rocha	Location:	Zion Lutheran Church 4300 Beaver Ave. Des Moines, IA 50310

1. Meeting Objective :

Board of Director's Meeting

2. Attendees (include title)

Regrets

Officers:

Kacey Peterson, President
Courtney Ackerson, Treasurer
Kenya Rocha, Secretary

Officers:

Don Gilbert, Past-President; R&D Chair

Board Members:

Kenneth Cameron, Public Policy Chair
Adrienne LaToure, Membership and Community Outreach Chair
Kyla Loucks, Marketing Chair
Christy Johnston, Conference Committee Chair
Lauren Kern, Student Representative
Jason Stark, Website Coordinator

Board Members:

Leanna Brady, Ethics Committee Chair
Corrine Harvey, Student Representative
Julie Hewitt, Nominations Committee Chair
Lisa Schneider, Public Policy Co-Chair
Anthony Ferguson, Member-At-Large

Additional Attendees: Drake Univ. Grad Students - Whitney Anderson, Julie Rice, Brett Vitzthum

Guest Speakers: Dr. Maria Valdovinos (ABA License Bill)

3. Agenda and Notes, Decisions, Issues

Time	Topic	Discussion	Action
9:00am	Call to Order <i>(Req. Board Action)</i>	1. Welcome New Members and Guests [Kacey] Students in attendance and ABA at this meeting.	
	Consent Agenda <i>(Req. Board Action)</i>	1. Current Agenda [Kacey] Kacey went over the agenda, Kyla asked to move things up for those who have to leave. 2. Secretary's Minutes - Executive Committee Mtg. held at Leadership [Kenya]	Courtney moved to accept past minutes, Kenneth second, minutes approved.
	Old Business <i>(Req. Board Action)</i>		Kacey will send a word document and send to everyone. Kyla will send out the ByLaws

			<p>to Kacey and Kenya</p> <p>Kyla and Social Media/ Membership committee will come up with #s and competition will be promoted every day for the Nov 15th.</p>
9:30am	New Business	<p>Dr. Maria Valdovinos (ABA License Bill) BC-ABA bd certified applied behavioral analysis professionals. 101 in the state of Iowa and is increasing every year. Drake University started an ABA program- 8 are enrolled and increase to 20 in 2 years and keep that cohort in that range. We have national certification but want state licensure. Certification board can only regulate those who are certified, so the one who goes out with a workshop puts the client at risk. Licensure will provide protection for consumers so no one can say they can do ABA if not licensed. Course content with 6 graduate level courses, will go up to 7 with 1000 direct contact and engagement in aba and 7.5 hours will be supervised by a certified aba. The level of certification must be met to acquire licensure. There are a number of exceptions ie: others with license are exempt from acquiring another license. Want the recognition for their profession and safety for consumers. Also, will help them get 3rd payor coverage. There are 29 states that provide regulation for ABA professionals currently. APBA Association for Professional Behavioral Analysts, works with the legislative process; not trying to do Mental health or social work. For mainly Autism spectrim, aging population for dementia related aggression and developmental disabilities. Focused on providing services that increase independence. The final thing that licensure provides for clients is that it allows the schools to hire directly to help work with behaviors in the schools.</p> <p>They the Board of Behavioral Sciences to support the bill that will bring licensure to their profession. We opposed it last year.</p> <p>1000 direct contact hours with 7% being supervised for certification. Social Workers were eligible to be certified for some time but no more. You must have a Master's Degree in Psychology or Education.</p> <p>Mental Health Counselors are not eligible to become certified in ABA per national association.</p> <p>Bachelors level can only do ABA under direct supervision of ABA with certification.</p> <p>Discussion followed: Concerns about losing a spot for LMHCs on the Board of Behavioral Science. We would want a spot added not replaced as we only have 2 spots.</p> <p>Tabled until January when legislation is introduced.</p>	

<p>9:50am</p>	<p>New Business Cont. <i>(Req. Board Action)</i></p>	<p>3. Officer Reports</p> <p>A. President [Kacey]</p> <p>i. Takeaways from annual mtg.</p> <p>Learned a lot at IMHCA meeting – everyone was in a different place with Strategic Planning and roles with the association, not having job description and action plans with understanding your scope of work on this board.</p> <p>ii. One-on-one Highlights</p> <p>We could write our own job descriptions. Some are completed and other will be completed by members. Strategic Committee will be formed at end of meeting.</p> <p>iii. AMHCA Chapter Report</p> <p>Kacey will complete and send in.</p> <p>iv. Status of MFT partnership</p> <p>Kacey heard back and they will pay ½ of Emilies fees for one more year. We have an opportunity to partner for the legislative session. A Professional Expertise Council has been formed for the professional development and has room for MFTs to contribute to our conference.</p> <p>v. Credentials and making a recommendation to the IA Board of Behavioral Sciences –</p> <p>Kacey wants to go to the upcoming board meeting in 3 months, she proposes that we make a recommendation to the board to LCMHC to make it more encompassing and clinical. Reasons why: Portability, recognition of our same educational requirements, Align with other states, Medicare recognition. Motion to go to the BBS to promote change, Courtney motioned, Kenneth seconded and motion carried.</p> <p>Kyla requested a Recommendation for LMHC to be the ‘temp’ licensed and LCMHC for the full licensure.</p> <p>B. President-Elect (Open)</p> <p>Courtney will apply for this position, need a treasurer for her position. We will have an open committee of Finance who could do this and President Elect would provide oversight.</p> <p>Board Governance calendar will be that we start actively start to recruit board members in March. – Treasurer – Marketing</p>	<p>Jason reported membership numbers 186 active members and conference attendance was 173</p> <p>Action plan for membership – need to break the number of 200 by 11/15/17.</p> <p>1500 LMHC’s in Iowa –</p> <p>Membership: White page for membership - Discussion Cheap webinars, dual membership, cheaper insurance with dual AMHCA membership, Calls to action are already drafted, representation at the capitol through lobbying – coordination at state and federal level, keeping Iowa informed about what is going on for mhc, networking, member directory in state, professional development, Job listings, newsletter, non sponsored trainings.</p> <p>Add caveat on training page that they are not sponsored by IMHCA – add a training page under resources and noticeable.</p> <p>Marketing calendar – social media posts. Jason will do a mini redesign the website</p> <p>Action Item Kacey send IAMFT contact info to Christy, who will follow up for state membership list for MFTs.</p> <p>Kacey will forward agenda to the board for BBS and encourage everyone to come – it is on a Friday. Present 2 options to board for LMHC to be temp and LCMHC to be for independent, or just to do LCMHC.</p>
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<p>10:30am</p>	<p>New Business Cont. <i>(Req. Board Action)</i></p>	<p>Compliance is an issue Kacey’s take away.</p> <p>Regional meeting, look at folders. Kacey wants to know when all the committee’s are meeting and wants to know when the first one will happen.</p> <p>Executive Committee: President is Chair, Officers and Chief Executive Director as applicable, definition in Committee Overview attachment.</p> <p>Formal vetting of committees, Committee Chair will decide if appropriate to be on the committee. Committee Chair will determine how many will be on the committee.</p> <p>Open Positions for committees.</p> <p>Finance committee, (Treasurer -Chair), one public member with a minimum of 3 members.</p> <p>Board Development and Governance Committee – President Elect, One Executive Committee Member and one Public person</p> <p>Strategic Planning Committee – President Elect as Chair, Student, member at large, one public member and additional members.</p> <p>Professional Development Committee – Past president as chair,</p>	<p>Action Plan, Lauren’s husband is a CPA and he may go through nominations/application process to see if he can/will do the job of public member on finance committee and provide consultants.</p>

		<p>Membership Committee</p> <p>Conference Committee</p> <p>Legislative Committee</p>	
12:15pm	Review Meeting and Event Calendars	<p>1. Establish meeting dates and determine committee action meetings.</p> <p>Board meeting, January, March, May, July, September, November – 1st Saturday of the Month.</p> <p>Committee's will decide how many times to meet, must have action plan by January with encouragement to step out side of your role and participate on a committee. Can meet conference calls or face to face.</p> <p>Vote on moving board meeting to a more frequent basis, meeting every Other month with committees in between until the major issues on our agendas have been addressed. Go from 4 to 6 meetings for board. It will allow us to pull more members in and work on committee.</p> <p>A. Student Sign-ups (Committee Chairs identify volunteer needs)</p> <p>B. Turn in Committee membership forms to Secretary (include all contact and relevant info)</p> <p>May 3-4 at Airport Holiday Inn, it is a lot more money, tried to cut some cost for this year. not offer a mid morning break will save us 6000.00- we won't do that this year. We should not offer Lunch. Will increase cost to 175 for a table for 2 days and 100 for one day for exhibitor tables. Conference cost 200 for members early bird, 240 regular price 305 to non members. Students 105 for early and 125.00 for late.</p> <p>Wade Leuwerke will do Ethics on the first day. Due on the 15th of November, There is a list of proposals for presentations. Motivational speaker – Rapper – Travis Lloyd – is on the TIC council with Kacey, he is a former foster child, goes into business to teach them how to promote trauma informed care with their workers. Discussion followed. All members let Chrissy know if there are speakers that could present.</p>	<p>Kyla-movement to increase meeting 6per yr. w/committee commitments in between. Lauren seconded the motion, none opposed, all in favor.</p> <p>Kenya will send out invite to shared file for the google drives.</p> <p>Christy will do a white page overview for conference details</p> <p>Marketing and Membership will reach-out to Conference Committee.</p> <p>Kacey will discuss with Travis Lloyd his ability to find a sponsor for him to present at the conference.</p>
12:30pm	Adjourn		All adjourned

4. Additional action or any tabled items should be noted below.			
	Action	Assigned	Status (Open or Closed)
1	Tabled Ethics committee chair elimination until January		

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Events coming up