

CONFERENCE SCHEDULE

Thursday, May 6

8-8:15 am Visit Exhibitors/Network
8:15-8:30 am Welcome & Opening Remarks
8:30-11:45 am Keynote Workshops
11:45 am-1:15 pm Annual Meeting/Lunch/Exhibit Hall
1:15-2:45 pm Breakout Session #2
2:45-3 pm Visit Exhibitors/Network
3-4:30 pm Breakout Session #3

Friday, May 7

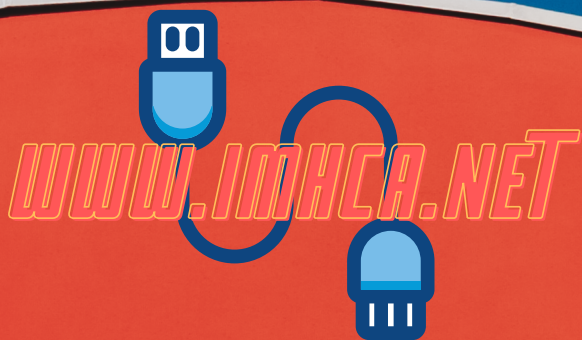
8-8:15 am Visit Exhibitors/Network
8:15-8:30 am Welcome & Opening Remarks
8:30-11:45 am Breakout Session #4
11:45 am-12:45 pm Lunch/Exhibit Hall
12:45 pm-2:15 pm Breakout Session #5
2:15-2:30 pm Visit Exhibitors/Network
2:30-4 pm Breakout Session #6

Additional Information

For additional information, including session descriptions, please visit the IMHCA website at www.imhca.net. Still have questions? Please contact Rebecca Spiess, IMHCA Conference Chair, at imhcaconference@gmail.com.

Refund Policy

Refunds are limited to conference fees paid only. To qualify for a full refund of registration fees paid less a \$50 administrative fee, a written cancellation must be received by the IMHCA Treasurer no later than 11:59 pm CST on April 22, 2021. Absolutely NO refunds will be given after April 22, 2021. Cancellation and refund requests should be sent via email to treasurer.imhca@gmail.com.



Iowa Mental Health Counselors Association
c/o Kristen Buttermore
214 5th St.
Ames, IA 50010



2021 Iowa Mental Health
Counselors Association
Annual Conference
Virtual Edition



*MAINTAINING
CONNECTION
IN A
VIRTUAL AGE*

Breakout Options & CEs: Thursday, May 6

Keynote Workshop (3 CEs)

- 1A: Building DBT into our Lives, our Practices, and our Communities by Ronda Oswalt Reitz, PhD
1B: Trust-Based Relational Intervention: Introduction & Overview by Jamie Lohr, MA, LMHC, IADC

Breakout Session #2 (1.5 CEs)

- 2A: Ethnic-Racial Trauma and Stress (Part 1) by Tabitha Webster, PhD, LMFT; Flora Williams, MA, tLMFT; and Andrew Norwood, MS, LAMFT
2B: Brainspotting: Where You Look Affects How You Feel by Cherie Lindberg, MS, ABD, LPC
2C: Sex Addiction and Betrayal Trauma by Jill Shirley, MS, LMHC

Breakout Session #3 (1.5 CEs)

- 3A: Ethnic-Racial Trauma and Stress (Part 2) by Tabitha Webster, PhD, LMFT; Flora Williams, MA, tLMFT; and Andrew Norwood, MS, LAMFT
3B: Legislative Update by Renee Schulte, MA, LMHC
3C: Perinatal Mental Health: Assessment, Diagnosis and Intervention by Rachel Klobassa, MS, LISW, PMH-C, EMDR-certified

Breakout Options & CEs: Friday, May 7

Breakout Session #4 (3 CEs)

- 4A: Supervision: Role and Responsibility by Don Gilbert, MS, PhD, LMHC
4B: Ethics and the Legal System by Lindsay Owen, MA, LMFT
4C: Interventions and Tools for Family Therapy by Harmony Linden, MSW, LISW

Breakout Options & CEs: Friday, May 7 (continued)

Breakout Session #5 (1.5 CEs)

- 5A: Helping African American Folx Recover from Negative Body Image and Eating Disorders Begins with Understanding Intergenerational Trauma in the Kitchen by Michelle Roling, M.Ed, LMHC, CED-S; Avery Carter M. Walker, MS, Psychology Doctoral Intern; and Tara K. Ohrt, MA, Psychology Doctoral Intern
5B: Transgender Mental Health by Joby Holcomb, MS, LMHC, CADC
5C: Avoiding Burnout in Crisis: The ABCs to Self Care for Mental Health Professionals by Renee Schulte, MA, LMHC

Breakout Session #6 (1.5 CEs)

- 6A: Counseling Farmers: A Phenomenological Study of Clinical Perspectives by Kathleen Ruscitto, PhD, LMHC
6B: Systematic Gaps that Impact Mental Health by Breanne Ward, MS, CRC, LMHC
6C: From Being a Good Therapist to Finding Your Cutting Edge by Carlos Canales, Psy.D., CGP, FAGPA, SEP

Registration

Register online at www.imhca.net or complete and mail the following registration form.

| Registration Fees | Early: | After 03/17/21: |
|---|--------|-----------------|
| <input type="checkbox"/> Member 2 Days | 150.00 | 190.00 |
| <input type="checkbox"/> Member 1 Day | 120.00 | 160.00 |
| <input type="checkbox"/> Non-Member 2 Days | 245.00 | 285.00 |
| <input type="checkbox"/> Non-Member 1 Day | 215.00 | 255.00 |
| <input type="checkbox"/> Joining Now 2 Days | 215.00 | 255.00 |
| <input type="checkbox"/> Joining Now 1 Day | 185.00 | 215.00 |
| <input type="checkbox"/> Student 2 Days | 80.00 | 100.00 |
| <input type="checkbox"/> Student 1 Day | 60.00 | 80.00 |

After 04/30/21: Add \$50.00 Late Fee

Select Breakout Sessions for day(s) attending:

| Thursday, May 6 | Friday, May 7 |
|---|---|
| <input type="checkbox"/> 1A <input type="checkbox"/> 1B | <input type="checkbox"/> 4A <input type="checkbox"/> 4B <input type="checkbox"/> 4C |
| <input type="checkbox"/> 2A <input type="checkbox"/> 2B <input type="checkbox"/> 2C | <input type="checkbox"/> 5A <input type="checkbox"/> 5B <input type="checkbox"/> 5C |
| <input type="checkbox"/> 3A <input type="checkbox"/> 3B <input type="checkbox"/> 3C | <input type="checkbox"/> 6A <input type="checkbox"/> 6B <input type="checkbox"/> 6C |

Method of Payment: (Payable to IMHCA)

☐ Check Enclosed ☐ Purchase Order Enclosed

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Send registration forms and payment to:
Iowa Mental Health Counselors Association
c/o Kristten Buttermore
214 5th St.
Ames, IA 50010



THE CONFERENCE WILL BE LIVE-STREAMED ON THE VIRTUAL PLATFORM WHOVA. DOWNLOAD THE WHOVA APP FOR YOUR MOBILE DEVICE TODAY!

CREDENTIALS

IMHCA determined that this conference meets criteria for the Iowa Board of Behavioral Science Examiners and the Iowa Board of Social Work Examiners for 12 hours continuing education for mental health counselors, marriage and family therapists, and social workers.



IMHCA is an NBCC Approved Continuing Education Provider, ACEP #2060. Programs that do not qualify for NBCC are clearly identified. IMHCA is solely responsible for all aspects of the program.

NCC/NBCC: This conference has been approved by IMHCA (NBCC Provider #2060) for 12 CEs, including 3 hours of Ethics.

CADC/IBC: IMHCA has requested that the Iowa Board of Certification approve this conference for 12 CEs, including 3 hours of Ethics.

CRC/CRCC: IMHCA has requested that the Commission on Rehabilitation Counselor Certification approve this conference for 12 CEs.

Join and save!

Enjoy the benefits of membership, including discounted registration for the IMHCA Conference. Join today by submitting the enclosed registration form with the "Joining Now" option selected or visit us online at www.imhca.net to learn more.

